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# Granite City Journal

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VOLUME 23, NUMBER 38

WEDNESDAY, MAY 12, 1999

FIFTY CENTS

## Board questions Bathon's spending

By Paul Mackie  
Staff writer

Madison County Board members may reduce Treasurer Fred Bathon's budget because of concerns about the amount he spent on travel last year as county auditor.

### Treasurer's trips to Florida, San Francisco in spotlight

Rudy Papa said Bathon would have no one to blame but himself if the Finance Committee decides to reduce his next budget this fall.

Bethalto. "It will raise the eyebrows of the Finance Committee when they set the next budget."

County Board members say they will address the matter of Bathon's former office spending \$9,636 for trips to conferences in places such as Tampa-St. Petersburg Beach, Fla., and San Francisco at

upcoming Finance Committee meetings. Bathon's travel budget for his auditor's office staff was \$3,000.

like Southern Illinois University at Edwardsville to get the training?"

See BATHON, Page 7A

## Clinic may close

### SAV-1st funding may be slashed

By Bethany Behrhorst  
Staff writer

A 3-year-old boy sexually abused by his mother's boyfriend.

Another woman, raped at a party while her husband watched. He didn't stop it.

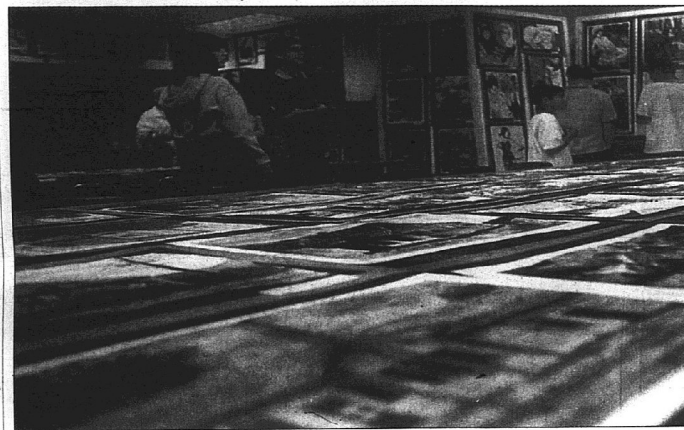
Volunteers and employees at Sexual Assault Victims First see cases like these every day, said Joanne Berry, board member and executive administrator for SAV-1st. It is the only agency in Madison County open to the public that handles rape, sexual assault and incest cases at no charge to clients. But after June 30, the agency might be forced to close its doors for good.

**"It's not that we didn't make mistakes. But we're a good agency providing good services. We were not heard."**

Joanne Berry  
Executive administrator

See CLINIC, Page 7A

## Senior Art Fair



Senior students at Granite City High School exhibited their works last Thursday at an open house.

## COP cards aid outreach

ISP, Illinois Power offer trading cards

By Scott Cousins  
Staff writer

It is a familiar sound anywhere children are trading cards.

See CARDS, Page 5A

## Head Start program makes learning fun

Instructors teach kids fundamental skills

By Michael Heil  
Staff writer

Children enrolled in Head Start of Granite City participate in activities that are both fun and educational.

"We have fundamental skills we teach the children based on their level of development," said Supervisor Becky Wingerter, who has been with Head Start for 15 years. "They are taught in a way that the children have fun as they learn."

The educational program is for children ages 3-5 who are taught social, self-help, cognitive, and fine and gross motor skills through math, reading comprehension and letter recognition lessons. Learning materials include building blocks and computer games.



Michael Baker and Wilson Howard, both 5, work on the computers at the Head Start school on Edison Street in Granite City.

As part of motor skill development the youngsters go outside every day, weather permitting, to climb around on

See HEAD START, Page 7A

## Crime up in surrounding cities

State Police report: Overall crime in Venice up 19 percent

By Scott Cousins  
Staff writer

While crime rates throughout the state and county are going down, Madison, Venice and Pontoon Beach all showed some increase, ranging from .3 percent in Pontoon Beach to 19 percent in Venice - in the total number of crimes.

The Illinois State Police recently released "Crime in Illinois," a statistical analysis of major crimes.

In Madison, Police Chief Steve Skoklo said there was not a "big" change in the overall crime rates.

While robberies dropped by half, the number of aggravated assault/battery doubled.

Categories that showed decreases included murder, down to zero from one; robbery, down 50 percent to 12 from 24; and theft, down 1.5 percent to 261 from 265.

Categories showing increases included criminal sexual assault, up 40 percent to seven from five; aggravated assault/battery, up 100 percent to 46 from 23; burglary, up 2.7 percent to 113 from 110; and motor vehicle theft, up 3.7 percent to 56 from 54.

Arson was unchanged at three incidents each year. Skoklo said he was unsure why there was such a large

jump in aggravated assaults. "That is a big jump there," he said. "I don't know what would change that. It runs in spurts, just like anything else."

He also noted that drug and warrant arrests, which Madison police make in large numbers, are not part of those statistics.

Madison County showed a total of 2,125 drug-related arrests, an increase of 24.4 percent over 1997.

The largest increase was in arrests for violations of the controlled substances act. Arrests in that category jumped 66.8 percent, to 769

See CRIME, Page 7A

## Granite City Journal

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## Police Blotter

### Granite City Police

• **POSSESSION OF CANNABIS:** Lawrence Edwards, 42, of the 400 block of Greenwood Place, Collinsville, was charged Friday evening with unlawful possession of cannabis.

According to a police report, Edwards was pulled over on Lee Avenue at about 7:22 p.m. for running a traffic light. As the officer searched Edwards' vehicle, he allegedly found a clear plastic bag containing a small amount of cannabis under the front seat. Edwards was taken into custody.

• **Christopher Landreth, 31, of the 2500 block of Morse street, was charged Friday evening with unlawful possession of cannabis.**

Undercover officers conducting surveillance on Landreth's residence saw two people, including Landreth, enter the home at about 7 p.m. The officers positioned themselves in front of the building, where they smelled what they perceived to be cannabis coming from the living room. According to a police report, an officer knocked on the front door and spoke to Landreth.

During the conversation, Landreth allegedly gave an officer a small bag of cannabis. No illegal substances were found inside the home. Landreth was taken into custody.

• **Steven Stevenson, 26, of the 2000 block of Hildebrand Avenue, was charged Sunday morning with unlawful possession of cannabis.**

When Stevenson was pulled over on a traffic stop at 3:45 a.m. at 18th and Madison, the officer found a box containing a small amount of cannabis in the car. Stevenson was taken into custody and later booked and released on bail.

• **Kevin Deason, 26, of the 2700 block of Madison Avenue, was charged Friday evening with unlawful possession of cannabis, failure to appear for an expired license and failure to appear for not having insurance.**

Deason was the passenger of a car that was pulled over on Johnson Road and Walnut Avenue at about 7:35 p.m. A police report stated that a green leafy substance found in the car, as well as a brass pipe, belonged to Deason. The driver of the vehicle was given a citation for having not insured.

### Madison County Sheriff's Department

• **THEFT OVER \$300:** A resident of the first block of Sequoia, Troy, reported that a theft between 6:40 a.m. and 5:30 p.m. April 22, someone entered a bedroom and took a woman's ring valued at approximately \$500.

• **BURGLARY:** A resident of the 5900 block of Sugarloaf Road, Collinsville, reported that sometime between 8:26 p.m. April 26 and noon April 27, someone broke into a garage and took a new riding mower, a 12-inch chain saw and a weed eater, with a total estimated value of \$8,000.

• A resident of the 2012 block of Fourth Street, Madison, reported that at approximately 9 p.m. April 26, someone scratched the hood and driver's side door of his 1997 Ford Ranger pickup truck and took a St. Louis Blues hockey jersey, a pair of black jeans, an electric razor and a checkbook. An estimated value was not provided.

• **WARRANT ARREST:** Timothy R. Britt of Granite City was arrested on two outstanding warrants from the Madison County Sheriff's Department. Britt was wanted for a probation violation and for failure to appear on a felony charge. Bond on the first charge was set at \$25,000.

• **RESISTING ARREST/WARRANT ARREST:** Terry E. Lane, 44, of Granite City was taken into custody at 11:43 a.m. Thursday in the 3100 block of West Chain of Rocks Road. Lane allegedly ran from and then shoved an arresting officer when two Madison County sheriff's deputies arrived to take him into custody on an arrest warrant from the Granite City Police Department.

The following felonies recently were filed in the Third Circuit Court in Madison County:

• **Torrance T. Rogers, 18, was charged with aggravated battery of a child by the Edwardsville Police Department.** On April 28, Rogers allegedly caused great bodily harm to infant Taylor N. Rinkas by shaking the child. Bond was set at \$150,000.

• **Derek M. Zirkelbach, 24, was charged with aggravated DUI by the Collinsville Police Department.** According to the charge, Zirkelbach was driving under the influence of alcohol Feb. 19 on Wilson Street in Collinsville. His license was suspended from a Feb. 13 incident. Bond was set at \$10,000.

• **Lori R. Randall, 37, was charged with theft over \$300 by the Collinsville Police Department for incidents between Oct. 30 and Dec. 18.**

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# County sexual abuse agency may shut down

## Former director's neglect cited in report

By Bethany Behrhorst  
Staff writer

A 3-year-old boy sexually abused by his mother's boyfriend.

**MADISON COUNTY** A woman gang-raped,

now facing problems in her marriage.

Another woman, raped at a party while her husband watched. He didn't stop it.

An adolescent raped by her father and her brothers. She thought it was a normal part of life.

Volunteers and employees at Sexual Assault Victims First see cases like these every day, said Joanne Berry, board member and executive administrator for SAV-ist. It is the only agency in Madison County open to the public that handles rape, sexual assault and incest cases at no charge to clients.

But after June 30, the agency might be forced to close its doors for good.

"For me, the most painful thing is watching those little kids come in," Berry said. "Now I'm wondering where they're going to go."

Berry says much of the blame for the agency's possible closure should be attributed to its most recent former executive director, Sharon Ward, whose neglect of paperwork allegedly got SAV-ist in trouble with the Internal Revenue Service and the Illinois Coalition Against Sexual Assault.

While (Ward) fiddled, Rome burned," Berry said. "The agency has gone through five executive directors in its five years. Ward, who resigned last month, allegedly failed to send payroll taxes to the IRS on time, and the agency paid all penalties incurred out of private funds."

The SAV-ist board had no idea about the late filing until March, when it received letters from the IRS.

That was one of a "wealth of problems" the agency faced during Ward's tenure, Berry said. During a routine site visit Feb. 23 by the ICASA — the agency's key source of funding, providing 90 percent — employees from the organization found fault with SAV-ist's filing system.

The employees sifted through files and searched for bills, receipts and documentation. The purpose of the visit was to determine whether the agency was adhering to ICASA policies.

Based on a hearing by the ICASA review committee, SAV-ist staff and volunteers were informed they no longer would receive funding from the organization. The committee sorted through the SAV-ist board's application for funding for the fiscal year 2000. The review committee decided — based on the current application submitted — that the agency did not meet

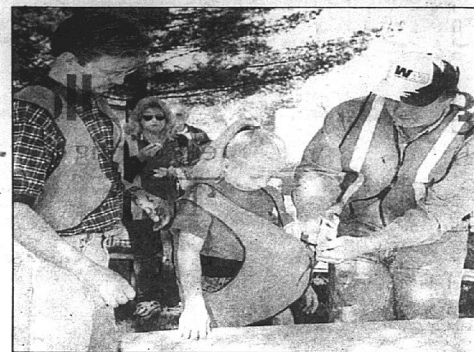
certain criteria regarding its objectives, goals and plans to receive money.

"It's not that we didn't make mistakes," Berry said. "But we're a good agency providing good services. We were not heard."

Polly Poskin, executive director of ICASA, said the review committee filed a nine-page list of suggestions for the agency to use in filling out a revised application. The agency has until June 9 to contest the review committee's decision.

"I know the agency has struggled all year," Poskin said. "We're here to help. We try very hard to help our rape centers succeed. It's up to the agency if (it) plans to rewrite (its) application. If (it) chooses not to, that's (the board members') choice."

Poskin could not supply the nine-page list, and the agency did not receive a copy as of Friday. Poskin declined comment.



Shirley Valencia photo

## Stashing the trash

From left, Larry Martin, Lori Beth Morgan and Joe Durako remove reflective vests following trash collection in Granite City during the recent Stash the Trash cleanup drive. Corporate teams gathered together to help clean up the Tri-Cities area in the annual event. Participants enjoyed a barbecue lunch at Belleville Area College's Granite City Campus following the clean-up.

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# SIUE chancellor issues graduates challenge

## 1,100 receive degrees during commencement

By Tony D. Masinelli  
Staff writer

Citing lingering issues of hatred and bigotry throughout the world, Southern Illinois University at Edwardsville Chancellor David Werner issued a challenge to "learn, grow and build a better world."

SIUE

to nearly 1,100 graduates during commencement ceremonies Saturday in the Vadalabene Center.

"We've learned the secrets of the atom, but we've forgotten the Sermon on the Mount," Werner said during welcoming remarks. "We have guided missiles but misguided men."

Werner told the graduates their diplomas come with a price tag assessed in human terms. Young, degreed people have the knowledge, energy and ability to make a difference in the world, and that is a responsibility to be taken very seriously, he said.

"We're going to look to you to right wrongs where you see them, to stand up when no one else will," Werner told the graduates. "I wish for that to be your legacy."

Irving L. Dilliard, a lifelong resident of Collinsville, received an honorary doctor of human letters degree for his lifetime achievements in journalism. Among his many

"My hope is that we will learn to not characterize people by race, gender or religion. The characterization of people led to hundreds of thousands of Japanese being sent to concentration camps."

Gyo Obata  
SIUE commencement speaker

accomplishments, Dilliard was editor of the editorial page of the *St. Louis Post-Dispatch* from 1949 to 1957 and specialized in constitutional issues and the Supreme Court. He wrote about 10,000 editorials for the newspaper.

Gyo Obata, co-founder of Helmut, Obata and Kassabaum Inc., received an honorary doctor of fine arts degree for his achievements in the field of architecture. Obata has designed numerous award-winning projects, including the SIUE master plan and five core buildings; the renovation of Union Station in St. Louis; the Kellogg Co. headquarters in Battle Creek, Mich.; the Levi Strauss and Co. headquarters in San Francisco; the campus of King Saud University and the King Khaled Airport in Riyadh, Saudi Arabia; and the National Air and Space Museum in Washington.

During his commencement address, Obata advised the graduates to be responsible and remember the relationship of the individual to oneself, to others, to the environment and to the world.

Recalling the effect internment camps in the United States for people of Japanese heritage had on his family and friends during World War II, Obata called for an end to stereotypes and prejudices that continue to cause conflict throughout the world.

"My hope is that we will learn to not characterize people by race, gender or religion," he said. "The characterization of people led to hundreds of thousands of Japanese being sent to concentration camps. It affects many areas of the world today. It is our responsibility to put an end to this."

Obata also challenged the graduates to be mindful of the earth's finite resources and growing population.

"Population growth is the biggest environmental problem we face," he said.



Tim Stephenson photo

## Strolling in the park

Participants begin their stroll in Wilson Park at the annual Walk in the Park fund-raiser for the American Heart Association. The event, which honors the late St. Louis radio personality Bob Hardy, attracted many participants, who walked around the park to raise funds for the organization.

## Obituaries

### Marie Buford

MARIE BUFORD, 86, of Granite City, died at 12:18 a.m. Thursday, May 6, 1999, at Colonial Care Center in Granite City.

Mrs. Buford was born April 11, 1913, in St. Louis. She was a retired grill press operator at Central Mines Equipment and a member of Holy Family Catholic Church.

Survivors include her daughter, Gail Legate of Granite City; a stepson, Charles Buford of Granite City; one sister, Eleanor Hagan of St. Louis; 12 grandchildren and 18 great-grandchildren.

She was preceded in death by her husband, Paul Buford, on Dec. 30, 1958; her parents, John and Ellen (Phelan) Barry, one daughter, Joyce Miller, one grandson, Steven Coad, three brothers, John, Thomas and James Barry; one sister, Rosemarie Kankeo; and one stepson, Lewis Buford.

Services were held Saturday, May 8, at Holy Family Church, with the Rev. Tom Wisse officiating. Burial was in Sunset Hill Memorial Estate, Glen Carbon.

Werner Chapel handled the arrangements.

### Otis Davis Sr.

OTIS DAVIS SR., 91, of Bonne Terre, Mo., formerly of East St. Louis, died Wednesday, April 28, 1999, at Anderson Hospital in Maryville.

Mr. Davis was born July 25, 1907, in Golden Gate. He was a retired carpenter and maintenance man for Krey Packing Co. of St. Louis. He attended Full Gospel Tabernacle in Fairview Heights, and was a member of the International Union of Operating Engineers.

Survivors include his children, Thelma Duncan and Ronald Davis, both of Granite City; James Davis and Orville Davis, both of Alhambra, Margaret Hampson of Hamel, and Patricia Davis of Caseyville; three sisters, Anna Mabel Dunn of Sallat, Helen Oliver of Florida, and Corine Duval of Chicago; 18 grandchildren, and 16 great-grandchildren.

He was preceded in death by his wife, Pearl Elizabeth (Craft) Davis; one son, Otis L. Davis Jr.; one daughter, Nora Vanbrocklin; his parents, Harrison and Nora (Orr) Davis; two brothers, Curtis and Herschel Davis; and three sisters, Reatha Jack, Clara Belle Marvel and Juanita Hollingsworth.

Services were Saturday, May 1, at Kurns Funeral Home in Belleville, with the Rev. Jim Voelker officiating. Burial was in Mount Carmel Cemetery.

Memorials may be made to the American Cancer Society or the American Heart Association.

**John Garcia**  
JOHN C. GARCIA, 78, of Collinsville died Tuesday, May 4, 1999, at St. Elizabeth's Hospital in Belleville.

Mr. Garcia retired from Cupples Manufacturing Co. in St. Louis where he had worked for more than 30 years. Formerly with American Zinc in Fairmont City, he was a member of Teamsters Local 888 in St. Louis. Mr. Garcia was a U.S. Marine Corps veteran of World War II.

Survivors include his son, Thomas N. Garcia of Fairmont City; one daughter, Pam Garcia of Osceola, Fla.; two grandchildren, Dara Irene

Garcia and Thomas John Garcia and his companion, Ruth Price of Collinsville.

He was preceded in death by an infant son, Stephen Garcia; his parents, Tomas and Elena (Cisneros) Garcia; and a sister, Juanita Mendez.

Visitation will be from 5 to 9 p.m. today, Thursday, May 6, at Kasky Mortuary in Fairview Heights, with a prayer service at 7 p.m.

Funeral procession leaves at 9:15 a.m. Friday, May 7, from the funeral home to Holy Rosary Church in Fairmont City for a 10 a.m. Mass of Christian Burial, with the Rev. David Wilkie officiating. Burial will be in Mount Carmel Cemetery in Belleville.

Memorials may be made to the Holy Rosary School Endowment Fund or in the form of Masses.

**Cletus Hennrich**  
CLETUS BERNARD HENNRICH, 90, of Collinsville died Saturday, May 8, 1999, at Eden Village Center in Glen Carbon.

Mr. Hennrich was born May 26, 1908, in Evansville. He was a retired secretary from the Missouri Pacific Railroad Truck Lines, a retired village of Arvillville treasurer and a member of the Knights of Columbus in East St. Louis and Moose Lodge 272 in Granite City.

Survivors include his sister, Leona Winkelman of Peoria.

He was preceded in death by his wife, Helen (Butkus) Hennrich; his parents, Nicholas and Theresa (Wienbrink) Hennrich; two brothers, Hubert and Joseph Hennrich; and three sisters, Marcella Miles, Mary the Elliott and Dolores Kull.

Services were held Tuesday, May 11, at Mother of Perpetual Help Catholic Church, with the Rev. Jeff Holtman officiating. Burial was in Mount Carmel Cemetery in Belleville.

Memorials to the church have been suggested.

For more Obituaries, see page 5A

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# Prepare yourself to answer your child's many questions

Recently, a parent introduced herself to me and asked, "What should I tell my daughter? She's afraid to go to school and I'm worried too." She proceeded to tell me about a bomb threat at an affluent suburban middle school the day before the Littleton massacre. No wonder kids are frightened and parents distraught.

When suburban teens are discussing metal detectors and other aspects of personal safety, it's clear the Littleton massacre has penetrated their frighteningly stubborn sense of invulnerability. They know all about copycats and sociopaths, the ready access to weapons and the distance between adolescent reality and what adults perceive. What other killers lurk in that gap, kids wonder. "Could it happen here?" they ask.

Schools hope not. Those that have done a good job up to this point are determined to do better in the future, and policies and resources are being reviewed with a much more realistic understanding of the civil that determined sociopathic children can wreak.

Nonetheless, the well-publicized threats at schools around the metropolitan area keep children's fears alive, and we must take them seriously. Here are some ways you can help your child:

- Before talking to your child, discuss the situation thoughtfully with your spouse. Anticipate your child's questions and plan your responses. What do you know? What are your personal concerns? What questions do you need answers for? The last thing you want to do is overwhelm your child with your own unexamined fears.

- Even if you are confident about your child's security at

school, don't reassure before you listen thoroughly. Bottled up feelings only intensify, and general disclaimers do not reassure. Of course, hugs and expressions of love are always appropriate.

- Ask your child if she has concerns about any specific students or situations which make her uncomfortable or fearful. Explore these. Draw out your child's feelings as well as the facts. Listen carefully, paraphrase for clarity and respond calmly.
- Broaden the conversation beyond the immediate threat of firearms. There are levels of violence in schools well short of the Littleton carnage which threaten children on a daily basis and must be vigilantly addressed. Inquire about bullying, verbal abuse and outlandish behaviors. Does your child see things happen to other children which concern him?

- Discuss with your child how she can respond to specific situations, including those which make her feel uncomfortable or harassed, not just those posing imminent danger.

- Help your child identify specific adults at school he can turn to when something upsetting occurs. Assure him that school authorities really do want to hear from him—even if he only has suspicions to share, not hard facts.

- Follow up. Check with your child at the end of every day. Discuss specific situations and how she handled them. Your consistent interest reassures your child that her safety is of paramount importance to you and also provides you with an opportunity to coach, praise or revise strategies when you need to.

- Talk to other parents. Share your concerns and inquire about theirs.
- Interact with the school. If specific concerns have emerged, communicate them to school authorities. Arrange for a follow-up discussion soon to learn what they have discovered, what they have done and what they are planning to do. It might be valuable to visit the school

yourself and observe situations which concern you.

- If your child's fears about violence are based on generalities (it could happen anywhere) rather than specific issues at her school, some reassurances may be in order. The Littleton killers were disturbed children who gave off many signals people failed to take seriously. However, school authorities now are much more aware and much swifter to intervene, and most schools are probably safer now than before the Littleton tragedy.

- However, if the situation seems to be too problematic for timely improvement,

explore the possibility of transferring your child to another school. Some schools do know their students better than others and intervene more effectively.

The Littleton massacre has galvanized authorities to improve school security, but their efforts are not enough. Parents must be involved with schools and especially with their children. Parents who take their child's concerns seriously will help reduce the child's emotional stress in the aftermath of Littleton, improve her or his chances of being safe from a variety of threats at school, and open another avenue to be constructively

involved in the child's life.

One final thought: It is very important to continue this dialogue with your child and her or his school next year. Oh, and about this column? Clip it. Put it in your pocket, post it at work, use it as the basis for lunchtime conversations. Discuss it with your spouse, use it as a

jumping off point to think through the things you want to improve for your family, and let us know what works for you.

Dennis O'Brien is a licensed clinical social worker, experienced educator and therapist, and executive director of Zink the Zebra Foundation of St. Louis, an organization serving medically fragile children.

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Starting an annual garden isn't any different. No garden space? Don't fret. You can plant annuals in containers and hanging baskets. No need to miss out on the beauty.

Now is the ideal time to plant annuals. Prepare the site just as you would for any other type of plant. Use extra care in pruning the little plants out of their containers. Once you get them out, rough up the surface of the root ball a little by scratching it. This will allow the roots to grow out into the soil.

Place the plants in moist soil. Fill the hole and tamp gently around each plant. Make sure to water the area thoroughly when you're finished.

Try to pick a cool, cloudy, overcast day to plant. If one doesn't happen, try for the morning or evening. The cooler the plants are, the better.

Once everything's planted, check the area every day for dryness. Annuals definitely need moisture, but don't overdo it. Like many plants, too much water can be harmful. Use the same method you do for houseplants; poke your finger into the soil an inch or so. If the soil's moist, leave the plants alone. If it's dry, give 'em a drink.

Another way to keep the area moist is to add mulch. Mulch is beneficial in many ways. It's decorative, it helps control weeds, since it doesn't provide ideal conditions for them, and as we mentioned, it helps hold in moisture. Check out your nearest Frank's store, where you'll find plenty of mulch types.

About a month or so after

planting, you can feed the plants. Use a good quality food such as Frank's GROW. As with any plant food, always follow the directions to the letter.

Stop in at Frank's soon and browse through the outdoor annual area. You're sure to find some real garden-brighteners. Instantly.

**Odds and ends**  
Chores around this time of year, and they shouldn't be overlooked. Here are a few "for instances."

Pick seed heads off rhododendrons, lilacs and azaleas for better blooming next year.

Pinch off spent blooms from roses to prevent the plants from going to seed.

Prune shade trees to heal over for the bark to

Prune spring flowering shrubs after they're finished blooming.

Give your garden a deep, thorough watering with a soaker hose. With a soaker type hose, less water will be lost to evaporation, since it goes directly into the soil. Wind doesn't affect it, either.

Mulch after the soil has warmed in garden beds and borders. This will preserve some moisture and prevent weeds.

If you haven't edged the lawn along your walk, it's time to act. The longer you wait, the tougher the job will become. Once you do, try to make it part of your mowing every week, or at least every two weeks. It will be a simpler chore.

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## Illinois Chamber offering training reimbursements

By Wade Alberty  
Staff writer

Illinois Chamber of Commerce members, or businesses who would like to become one, can have half of the total cost of employee training expenses reimbursed. The Illinois Chamber of Commerce has teamed up with the Center for Training Innovations at Belleville Area College to make money available to members who wish to seek training. The funding is being provided by the Illinois Department of Commerce and Community Affairs' Industrial Training program.

Half of the training cost will be paid for approved training, said Lisa Manning, BAC Center for Training Innovations.

To receive the money, training must be scheduled by June 30. So far only one company has taken advantage of this offer, but BAC is working on scheduling other companies, said Manning.

Ironhorse Resources of O'Fallon, a management company of short line railroads, attended two 8-hour sessions to help train its staff for new computer work stations.

"We are trying to convert over to Microsoft products," said Barry McClure, controller of Ironhorse Resources.

Seven employees attended training in Windows 98 and Microsoft Excel.

"We found it to be really beneficial," McClure said. "We are looking into doing another session on Microsoft Word."

Ironhorse is a first year member of the Illinois Chamber.

McClure estimated the program has saved the company \$600 to \$700 per class.

"I'm flabbergasted that no one else has done it," McClure said. "It's a win-win situation for everybody."

Manning said a company wishing to participate can only send groups and must submit a company profile and attendance sheets.

Also, the company must give an evaluation to determine the effectiveness of the training after completion.

The program is open to any business in the BAC region who is a member of the

Illinois Chamber of Commerce, or would like to become one. For more information you can contact Lisa Manning at the Center for Training Innovations at BAC at (618) 255-2700, ext. 5570.

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## Police now have cards

Continued from Page 1A

education effort paid for by Illinois Power. The 60-card set includes patrol officers, investigators, K-9's and administrators.

Sixty-five officers in Illinois State Police District 11 participated in the program. Each card includes a picture of the officer, and on the back is a short biography and a personal message from the officer.

Special Agent Kashemer is a 1985 graduate of the ISP Academy who likes to spend time with her husband, David, and granddaughter, Kelsey.

"Don't worry about failure, but about the chances you miss when you don't even try," is her message.

Trooper Merrifield graduated from Missouri Southern State College in Joplin with a degree in sociology, played professional basketball in Europe, then played for Marquette Haynes and the Harlem Magicians for 10 years before returning to

Illinois and attending the ISP Academy. He is one of the district's safety education officers.

Master Sgt. Keene, a 1986 academy graduate, enjoys hunting, fishing and golf, spending time with his wife and daughters.

The cost of the program—about \$6,500 to make 70,000 cards—is paid by Illinois Power.

"The State Police approached us, they thought it would be a good way for the officers to reach the kids," said John Duncan, an Illinois Power customer relations manager. "When they go out and speak at school functions or any group functions, they hand these cards out."

Trooper Ralph Timmins said the program is "fantastic."

"They are attractive," he said. "They are well done, a professional finish. I'm pretty proud to pass them out."

"This gives us a chance to give cards to kids in presentations, in schools and on routine patrols," he said. "On the back you will see that I'm a real person and I have a real family."

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## Obituaries

### Edna Jackson

EDNA F. (NEE JAMES) JACKSON, 85, of Edwardsville, formerly of Granite City, died at 9:24 a.m. Saturday, May 8, 1999, at Sunrise Care Center in Edwardsville.

Mrs. Jackson was born Nov. 1, 1913, in St. Louis. She worked at Spiegel Catalog and was a housekeeper for Mercer Mortuary. Mrs. Jackson was a member of Suburban Baptist Church, the church choir, Esther Class, G.A. Leader and Women's Missionary Union, and taught Sunday School for 2- to 3-year-olds.

Survivors include her daughters, Barbara Thebeau and Brenda Hayes, both of Granite City, Beverly Hartenback of Normage, Texas, and Betty Randall of Mount Vernon; nine grandchildren and 13 great-grandchildren.

She was preceded in death by her husband, John R. Jackson Sr., whom she married July 3, 1937; her parents, Silas and Frances (Blackwell) Williams; two sons, Walter Eugene Jackson in 1960, and John R. Jackson Jr. in 1962; one brother, Paul Williams; and one sister, Renee Williams.

Funeral services were held Tuesday, May 11, at Suburban Baptist Church in Granite City, with Dr. Ron Zamkus officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials may be made to the church. Irwin Chapel handled arrangements.

### Viola Kenney

VIOLA C. (WALKENBACH) KENNEY, 84, of Granite City died Saturday, May 8, 1999, at Claywest House in St. Charles, Mo.

Mrs. Kenney was born May 29, 1914, in McKittick, Mo. She was owner of The Spot Tavern in Granite City for 20 years and a member of the AMVETS in Granite City.

Survivors include her sons, David Norris of Granite City; one daughter, Lucy Moore of Collinsville; eight grandchildren; and 26 great-grandchildren.

Funeral services will be held at 11 a.m. today, Wednesday, May 12, at Irwin Chapel in Granite City. Burial will be in Sunset Hill Memorial Estates in Glen Carbon. Memorials may be made to the church. Irwin Chapel handled arrangements.

Survivors include her sister, Dora Detenwanger of Montgomery City, Mo.; 10 grandchildren; and 10 great-grandchildren.

She was preceded in death by her husband, Joseph Kenney; her parents, Albert and Sam Walker; two sons, Kenneth and Donald Birk; one sister, Adeline Schwaner; and four brothers, Johnny, Leonard, Lawrence and Wilbert Walbach.

Funeral services were held Tuesday, May 11, at Sunset Hill Memorial Estates in Glen Carbon. Memorials may be made to the church.

### Charles Oschmann

CHARLES HENRY OSCHMANN, 74, of Granite City, died at 5:30 a.m. Monday, May 10, 1999, at his residence.

He was born Sept. 9, 1924, in Fairfield and was a Madison County resident for 30 years. Mr. Oschmann retired from Wagner Electric Co., where he had worked for 30 years as a machinist. Of the Oschmann family, he was a member of the Masonic Lodge and UFW Local 881.

Survivors include his wife of 48 years, Eileen (Collard) Oschmann; four sons, Marshall Flynn of Willis Point, Texas, Edward Oschmann of Compton, John Oschmann of Granite City and Thomas Oschmann of St. Charles, Mo.; four daughters, Betty Pigg of Owensville, Mo., Lavada Bardsley and Marie Grigg, both of East Alton, and Charlene Derose of St. Joseph, Mich.; a sister, Versella Kelly of Anna, 27 grandchildren, 15 great-grandchildren and three great-great-grandchildren.

He was preceded in death by his parents, Henry Allen and Sarah J. (Simpson) Kelly and William Oschmann; and a sister, Marie Bilderbach.

Funeral services will be held at 11 a.m. today, Wednesday, May 12, at Werner Chapel in Granite City, with the Rev. Henry Chippier officiating. Burial will be in Sunset Hill Memorial Estates, Edwardsville.

Memorials may be made to Shiner's Hospital for Children.

### Dale Veach

DALE C. VEACH, 63, of Granite City, died Tuesday, May 11, 1999, in Hatchotches, La. Mr. Veach was born July 16,

1935, in Charleston. He was a retired steel hauler for 28 years with Yellow Freight Systems and a member of local 413 Teamsters and Chauffeurs in Columbus, Ohio.

Mr. Veach was a U.S. Air Force veteran.

Survivors include his wife, Margaret (McDonald) Veach; one son, Edward Ward of Opdyke; six daughters, Jennie Orender of Granite City, Cindy Orender of Granite City, Eileen Roberts of Brockton, Shelle Bolen of Casey and Patricia Duncan of Opdyke; five brothers, Lowell Veach of Mason, Charles Veach of Prairie Du Rocher, Bud Veach of Peoria, Gilbert Veach and Max Veach; three sisters, Mary Alice Higgs of Altamont, and Wanda Higgs and Rachel Storum, both of Mason; 10 grandchildren and several great-grandchildren.

He was preceded in death by his parents, Charles T. and Beulah Irene (Millage) Veach; and one brother, Harold Veach.

Services were held Friday, May 7, at Werner Chapel in Granite City, with the Rev. Robert Wideman officiating. Burial was in Wright Cemetery in Peoria.

### Gladys Woods

GLADYS L. WOODS, 87, of Piedmont, Mo., formerly of Granite City, died Friday, April 16, 1999, at Lucy Lee Healthcare System in Poplar Bluff, Mo.

Mrs. Woods was born Aug. 14, 1911, in California, Mo. She managed the kitchen at the Shoe Co. in Piedmont before retiring in 1974. She was a member of the Tabernacle Baptist Church in Granite City.

Survivors include her sons, George Woods of Cahokia, and Wayne Woods of Piedmont; six daughters, Louise Staggs of Cahokia, Maxine of Granite City, Patricia and Phyllis Ragdale, both of Dupo, and Linda McFadden and Donna Fager, both of Edwardsville; one sister, Irene Koch of St. Louis; 14 grandchildren; 27 great-grandchildren; and one great-great-grandchild.

She was preceded in death by her husband, William Olin Woods, whom she married in 1927 and who died July 10, 1982; and her parents, Richard "Spunky" Fox and an infant, Terry Woods; one brother, Harold; and her grandparents, George Brown and Pearl (Latham) Kelsey.

Rug Funeral Home handled the arrangements.

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Survivors include his wife, Ruth (Edwards) Youngberg, whom he married Dec. 1, 1945, in Alton; one son, Ricky Youngberg; and two daughters, Sandra Johnson and Vicki Hunt, both of Granite City; seven grandchildren and two great-grandchildren.

He was preceded in death by his parents, Charles and Lillian (Parrin) Youngberg; one daughter, Deborah Lewis; one brother, Charles Youngberg; and one sister, Lucille Youngberg.

Services will be held at 10 a.m. today, Wednesday, May 12, at Thomas Memorial Mortuary, 2205 Pontoon Road, Granite City. Burial will be in Alton City Cemetery.

Memorials may be made to the donor's favorite charity.

### Michael Zikovitch

MICHAEL JOHN ZIKOVITCH, 35, of Simsbury, Conn., died Friday, April 30, 1999, in Simsbury.

Mr. Zikovitch was born July 16, 1963, in Denver. He was a graduate of Trinity College in Hartford, Conn., and a member of the class of 1985, with degrees in mathematics and computer science. He was vice president and actuary at Mass Mutual Life Insurance Co. in Hartford, Conn., for the past two years. He was a member of St. Mary's Church in Simsbury and a fellow of the Society of Actuaries and of the American Academy of Actuaries.

Survivors include his wife, Regina "Nina" (O'Meara) Zikovitch; his parents, Michael and Rosa (Leil) Zikovitch of Hermitage, Tenn.; one daughter, Shannon, at home; two sons, Zachary and Matthew, both at home; two sisters, Ann Guarnieri of Old Hickory, Tenn., and Lara Zikovitch of Brentwood, Tenn.; and one brother, Anthony Zikovitch of Mount Juliet, Tenn.

A Mass of Christian burial was celebrated at St. Mary's Church in Simsbury, Conn.

Memorials may be made to the Heart Starters, P.O. Box 3, Simsbury, Conn., 06070.

Vincent Funeral Home handled the arrangements.

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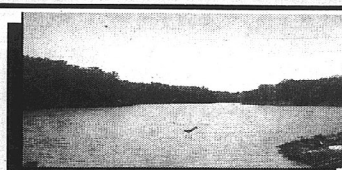
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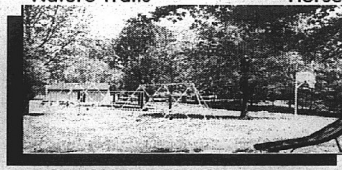
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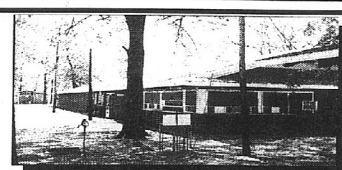
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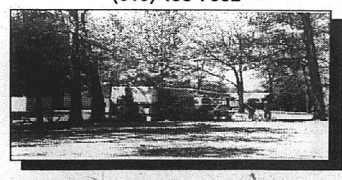


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## News

## Capture ends three-year burglary spree

Thieves had struck throughout area, including Madison County

By Greg Uptain  
Staff writer

Hazelwood police have arrested two men in connection with a three-year burglary spree that covered the entire St. Louis area.

**ST. LOUIS COUNTY**  
Officers nabbed the two 18-year-old south St. Louis men about noon April 30 after being tipped off by an alert resident.

Police have issued warrants against one of the men, Robert Smith, of the 1006 block of Teakwood Drive. He was charged with two counts of second-degree burglary, one count of stealing over \$750 and one count of stealing under \$750.

Warrants are still pending against the other man in the case.

Police said the pair was responsible for numerous burglaries in North County, South County, St. Charles City and County, Jefferson County and Madison County.

"They went all over. They had no boundaries," Hazelwood Sgt. Ron Livingston said.

Police said the two men caught the attention of a resident in the 12900 block of Tulip Tree Lane in Hazelwood. The men had parked their stolen pickup truck on the street and walked toward the back of a house on that block.

"She knew they didn't live there, so she called police," Livingston said.

Officers in the area quickly converged on the house, which was ransacked. A description of the two men was broadcast over the police radio, and they were pulled over a short time

later by a Hazelwood police officer. Livingston said an investigation turned up some stolen goods at a hotel room at the Red Roof Inn at Interstate 270 and St. Charles Rock Road in Bridgeton.

Among the items police recovered were televisions, VCRs, CD players, car stereos, speakers, computer equipment, jewelry, tools, Mark McGwire collectibles, children's videos, Beanie Babies and more than \$4,000 worth of Cherished Teddies porcelain figurines.

The children's items were stolen because Smith recently became a father, Livingston said.

He said anyone who has been a recent burglary victim in the aforementioned areas should contact their local police department.

"They will in turn contact us

and check and see if we have any of their items," Livingston said. "If something matches, then they can come and visually take a look at it and see if it's theirs."

Police said the pair also stole four vehicles and used them in other burglaries. They have all since been recovered.

Police said the investigation is still ongoing and the two men were in custody at one of the area police departments. Capt. Mike Mansker said Thursday warrants would probably be issued against them on Friday.

Police said this was another example of the community and police working together to reduce crime.

"We feel the community has to work together with the police department," he said. "This here shows that it does work."

## Train crew defends actions in fatal 1995 crash

By Dennis Grubaugh  
Staff writer

Members of an engine crew took the witness stand Wednesday to defend their actions in a deadly railroad crossing collision outside Edwardsville in 1995.

**MADISON COUNTY**  
"It would not be fair to say we were inattentive," conductor Bobby Williams said. "You have several duties to perform, and you can't be doing them all the same second."

Williams, of Collinsville, was one of several Union Pacific Railroad personnel testifying in Madison County Circuit Court during the trial of a lawsuit filed on behalf of the survivors of Steven A. Kelso, 29, of rural New Douglas.

Kelso was traveling south on Springfield Drive on Dec. 12, 1995, when his Dodge pickup

truck was slammed in the passenger side by a Union Pacific freight train bound for Chicago.

The trial is being presided over by Associate Judge Randall Bone. A description of Kelso's estate claims the train's speed and the hazardous history of the crossing make the company liable for his death.

The intersection has been the scene of five accidents since 1957. Union Pacific has owned the tracks since 1982.

A plaintiff expert testified Wednesday that the train's own speed tapes show it was accelerating as it was going through the crossing.

The speed was recorded at 61 mph for eight seconds and then 62 mph for the next eight seconds leading up to the impact. The speed limit is 60 mph.

Train personnel waffled on the stand as to whether the speed would have been a

violation of rules.

"With the grade through there, you might be doing 58, you might be doing 61, that's not really speeding," said Charles Cudworth of San Antonio, Texas. Cudworth was a "borrowed engineer" who was riding that day to learn the route.

Cudworth said he wouldn't consider excessive speed a violation unless it was

"maintained continuously." Also in the engine were Williams and engineer Donald Cain, who was at the controls.

Cudworth was the only one of the three personnel to see Kelso's truck before the crash. He was sitting in the front left-hand area of the engine and saw Kelso approaching from the left.

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# Clinic may close because of loss of funds from state coalition

Continued from Page 1A

"While (Ward) fiddled, Rome burned," Berry said. The agency has gone through five executive directors in its five years. Ward, who resigned last month, allegedly failed to send payroll taxes to the IRS on time, and the agency paid all penalties incurred out of private funds.

The SAV-1st board had no idea about the late filing until March, when it received letters from the IRS. That was one of a "wealth of problems" the agency faced during Ward's tenure, Berry said. During a routine site visit Feb. 23 by the ICASA — the agency's key source of funding, providing 90 percent — employees from the organization found fault with SAV-1st's filing system.

The employees sifted through files and searched for bills, receipts and documentation. The purpose of the visit was to determine whether the agency was adhering to ICASA policies. Based on a hearing by the ICASA review committee, SAV-1st staff and volunteers were informed they no longer would receive funding from the organization. The committee sorted through the SAV-1st

board's application for funding for the fiscal year 2000. The review committee decided — based on the current application submitted — that the agency did not meet certain criteria regarding its objectives, goals and plans to receive money. "It's not that we didn't make mistakes," Berry said. "But we're a good agency providing good services. We were not heard."

Polly Poskin, executive director of ICASA, said the review committee filed a nine-page list of suggestions for the agency to use in filling out a revised application. The agency has until June 9 to contest the review committee's decision. "I know the agency has struggled all year," Poskin said. "We're here to help. We try very hard to help our rape centers succeed. It's up to the agency if (it) plans to rewrite (its) application. If (it) chooses not to, that's (the board members') choice." Poskin could not supply the nine-page list, and the agency

did not receive a copy as of Friday. Poskin declined to comment about the areas in which the agency failed to meet the criteria. Those at SAV-1st take some of the blame but also attribute some of the blame to lack of direction and conflicting messages from ICASA. Berry said the organization's laissez-faire policy with regard to the board's interaction with the agency's executive director left their hands tied. "By the time we stepped in, things were terribly out of control," Berry said.

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## Head Start aids learning

Continued from Page 1A

playground equipment or to play interactive games supervised by instructors. Nann Johnson has been a teacher at Head Start for five years. Her brightly colored classroom includes art, computer, library and science areas. Johnson, who works with teacher's aide Betty Tester, said she enjoys teaching children social and self-help skills. "It's very rewarding watching the children grow and develop throughout the year. Teaching them how to button their coats or zip their jackets is just as rewarding as teaching them their shapes and numbers," she said. On a recent day, the children in Johnson's class stayed busy as Lacy Buckingham, 5, dutifully tapped her fingers on the computer mouse and played interactive games that associated numbers with objects. In the play area, 4-year-olds Chase Barton and Kailee Scaturro stacked blocks in an effort to build a castle. Across the hall in a class led by teacher Ruthie English and her aide, Lee Gardner, Michael Baker, 5, and Wilson Howard, 5, practiced computer skills by playing an action-packed farm animal game. Meanwhile, 5-year-olds Konnie Welty and Angela Esparanza used ice cubes to paint their colorful masterpieces. "I think I like this a lot," Konnie said, dabbing her fingers in the paint. Angela was so busy that she did not speak as she painted.

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## Crime up in area cities

Continued from Page 1A

from 461. In Venice, the number of crimes reported rose 19.2 percent, with a total of 124 major crimes being reported. The crime rate rose to 3,416 from 2,865. However, Venice Police Chief James Newsome said there appeared to be some errors in the numbers. He said there was one murder during 1998, while the state reports showed none. He said it may not have been reported as being in Venice because it was investigated by the Illinois State Police. In that case, Garry D. Williams, 19, was shot and killed Aug. 23 at Club Venice. A Madison man, Orlando Porter, 23, was charged with one count of first-degree murder in the case, which is still pending. In other categories, there was one criminal sexual assault and four robberies, the same numbers as the previous year. Two categories showed increases. Aggravated assault/battery rose 55.2 percent, to 90 from 58; and theft rose 18.2 percent, to 13 from 11. Newsome said the increase in assault/battery cases is probably from juveniles and others making threats. He said they try to bring charges in those cases to diffuse the situations before they actually become violent. Categories showing decreases were burglary, down 63.6 percent to four from 11; motor vehicle theft, down 33.3 percent to 12 from 18; and arson, down to zero from one last year. Newsome said the figures for burglaries also appear to be incorrect. "The numbers sound low," he said. "I'm going to have to go back and double check on that; there may be some statistics that haven't been reported. Despite the questionable numbers, he said, the community has become a safer

place to live in the past year. "We were short-handed most of 1997," he said. "We hired two more full-time officers in 1998 and stepped up patrols quite a bit." He said assistance from the Illinois State Police and the U.S. Marshall's Service — primarily with warrant sweeps — also has helped. Pontoon Beach showed a very slight increase of 3 percent in its crime rate, to 5,862 from 5,842.6. A total of 308 crimes were reported in 1998, up one from the previous year. Two categories remained the same, while four categories showed decreases and two signaled increases. There were no changes in the number of murders, zero, and burglaries, 55. Showing increases were robberies, up 33.3 percent to four from three; and theft, up 11.2 percent to 208 from 187. There were decreases in criminal sexual assaults, down 40 percent to six from 10; aggravated assault/battery, down 62.5 percent to six from 16; motor vehicle theft, down 16.1 percent to 26 from 31; and arson, down 100 percent to zero from two. Pontoon Beach Police Chief Gary Wallace, who was appointed following the April 13 election, said he has not been able to examine the statistics yet but there appeared to be no real changes in crime in the village. However, he noted that because of work at several business parks near Interstate 270, there has been an increase in construction site burglaries in the past few months.

## Bathon spending questioned

Continued from Page 1A

He said most of the travel is necessary for continuous educational training. Chief Deputy Treasurer Rich Hampton added that travel is an individual line item that "we can switch around any way we want." Travel receipts show that Bathon's employees also attended conferences in Champaign, Peoria, Chicago and Springfield between May and November 1998. Bathon attended five conferences, including one in Chicago with four employees in the auditor's office just a week before being sworn in as treasurer.

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# Now there's documented proof mutual funds are a good buy



Jeff Prosser

Smart investors have always known mutual funds are a good buy. Now there's proof.

A study published by the Investment Company Institute (ICI) found that the total cost of investing in equity (stock) mutual funds decreased by more than a third from 1980 to 1997. According to the study, the average cost of investing in equity funds declined from 2.25 percent of each dollar invested in 1980 to 1.49 percent in 1997.

The figures reflect

shareholders cost, which is the cost an investor should expect to incur in purchasing and holding mutual fund shares. It includes not only sales loads, but also operating expenses and 12 b-1 fees and is comparable to the fee information required in every mutual fund prospectus.

Most other analyses of the costs of mutual fund ownership do not incorporate all of these expenses. Total shareholder cost comes closest to capturing real investor cost. Even

"no-load" mutual funds have expenses, and these costs affect shareholders' returns.

The ICI study also found that large mutual funds had substantially lower operating expenses than small funds. In addition, the 100 largest funds in 1997 that also existed in 1980 experienced rapid growth and falling operating expense ratios between 1980 and 1997. Among these 100 funds, those that grew most posted the largest reductions in operating expense ratios. This suggests

that investors tend to concentrate their purchase among lower-cost equity funds. In fact, previous ICI research determined that 77 percent of shareholders' equity fund accounts are in mutual funds that charge annual fees below the industry's average.

What does all this mean for you? For one, bigger may be better in mutual funds, meaning the larger funds may be less expensive to own. And second, "no-load" does not necessarily mean "no

cost." If you have previously focused your attention only on sales charges, now you know that there are other expenses that make up total shareholders cost — and these expenses affect your return. In other words, don't expect a free lunch from a no-load. You could be the one stuck with the tab.

Jeff Prosser is an investment representative with the Granite City office of Edward Jones.

## CWU holds April meeting

Millie Clements opened the April 22 meeting of Church Women United at Nameoki United Methodist Church. She introduced Sarah Huber, who gave the devotion from the book "Boomerang Joy."

Members brought items for the layette program sponsored by CWU. Each month, they bring items designated for a particular use. In May, they will bring soap products.

Good reports were given concerning the Good Samaritan House for women and children in Granite City; the "Music Man" program on April 18; the Interfaith Conference in St. Louis; and the State Assembly in Bloomington, held April 14 and attended by Millie Clements, Helen Todoroff, Jean Hileman and Ollie Derr.

It was announced that tutors are needed to help immigrants in this area to obtain their citizenship and that May Friendship Day was to be held May 7 at St. Joseph United Church of Christ with a salad luncheon.

CWU will sponsor a blood drive from 5 to 6 p.m. June 10 at St. John United Church of Christ. In addition, the ministries to women and children committee will be having breakfast at Brenda's Restaurant on July 31. Tickets are selling for \$8 each. Eileen Davis and Ruth Bunch furnished the refreshments for the meeting. The next meeting will be held at 10 a.m. May 27 at Nameoki United Methodist Church.

## Program targets grad night drinking

An initiative is under way to inform area high school students about the dangers of drinking and driving.

"The Illinois State Police and other agencies are conducting ongoing educational programs to remind teenagers of the potentially tragic results of drinking and driving," said Capt. Diana L. Sievers, commander of Illinois State Police District 11. A concerted effort is being made to attempt to reach every student in the area during this time of year with proms and graduations.

Operation Prom/Graduation NITE, or Non-Impairment Travel Effort, is a joint effort of state and local law enforcement, school districts, community-based organizations and other agencies throughout Illinois.

Mock alcohol-related crashes, trials and other activities, followed by assemblies, provide students with a unique perspective. At these assemblies, police officers educate students about the "zero-tolerance" law which states drivers under 21 can lose their licenses if they have even a trace of alcohol in their systems. Officers also tell students that special saturation patrols are working in the area on prom and graduation nights to specifically enforce underage drinking laws.

"The assemblies are an attempt to be straight with the students regarding the consequences of their actions," Sievers said. "If a person chooses to drink and drive, they need to know losing their license is one of the better things that can happen."

Illinois State Police also is working with Anheuser-Busch and Jim's Formal Wear Co. to place pamphlets promoting zero tolerance pockets and garment bags of rented tuxedos.

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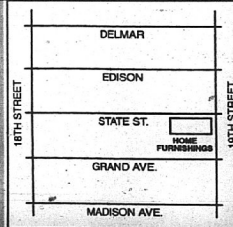
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## Update Conference standings for baseball, softball

Page 2B

## Heumann delivers first pitch with class

"At this point in the game, the spiritual part is more important than anything else."

So said Joe Heumann of Belleville, who did more than just throw out the first pitch of another men's fastpitch softball league



Art Voellinger  
**Sports  
Views**

season on May 3 at South Side Park. A victim of pancreatic cancer, the 71-year-old Heumann brought tears to a crowd that included his wife (Hope) of 49 years and family and friends.

With former teammates standing behind him near home plate, Heumann noted, "A lot of us in our age group have some physical problems."

However, that did not prevent many from sharing memories with the man known as "Big Joe," who for 32 seasons stood out at South Side and other softball locations throughout Southern Illinois.

"When we played together (for the Southern Illinois Athletic Club), he always won more than I did," said fellow Hall of Fame softball pitcher Cleo Schwaegel. "He was a great competitor."

Heumann fashioned a career that included years in the late 1950s and '60s when his name was synonymous with Schwaegel, Dale Meyer, Orv Grandcolas, Wib Franke, and Mike Day — all dominant pitchers.

Among the championships Heumann helped gain was one in 1959 when he hurled a one-hitter as Johnny's East Side edged Bridges and Ward and hurler Grandcolas, who also tossed a one-hitter in the playoff championship game.

"I got the only walk Orville allowed and scored the only run on a hit-and-run double by Gene Hennessy in the last inning," recalled Noel Schott, a former teammate of Heumann's.

While Heumann played for as many as five teams in a season, he and Schott were teammates on the Eager Beavers team for 29 years.

His efforts for that team alone are incredible, including a record of 151-65 with 185 complete games, an earned run average of 3.10 and 1,082 strikeouts in 1,520 innings.

"He had a heck of a drop ball," said Schott, who will be inducted into the Illinois state fastpitch Hall of Fame

See HEUMANN, Page 2B

# Sports

sports on-line, www.yourjournal.com



Granite City goalkeeper Chelsea Perry shut out the Chatham Glenwood Redskins on Saturday in a 1-0 Warriors victory.

Tim Stephenson photo

## Warriors top Redskins in OT

Montgomery scores late in overtime for 1-0 win

By Rick Broome  
Staff writer

Granite City spent the first 99 minutes of Saturday's contest trading blows with Chatham Glenwood, but neither team could deliver a knockout punch.

Then, Warriors captain Melissa Montgomery stepped forward and gave her team a 1-0 victory as the final moments of overtime ticked down.

Felicia Mohsen set up the goal, corraling the ball at the side of the area and sending a cross to Montgomery. With 40 seconds to play in the second overtime, Montgomery took her time, settled the ball, reared back, and launched a clipper that sailed over the head of Redskins keeper Kendra Smith and into goal.

"I called for the ball and she gave it to me and I just shot," said a beaming Montgomery.

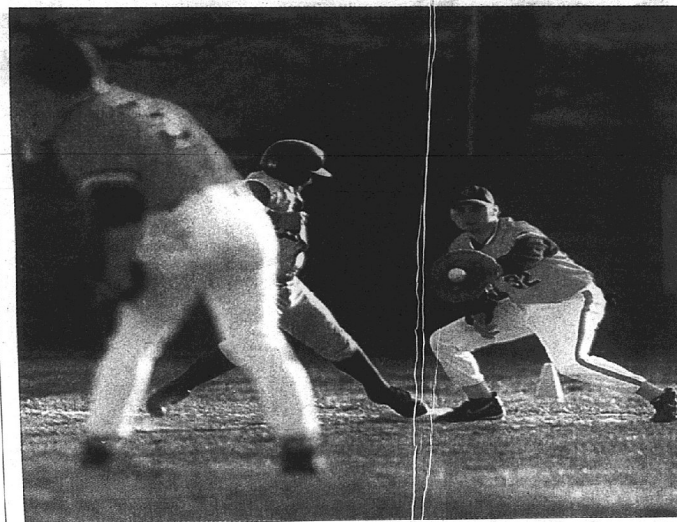
"Melissa has been doing it for us all year," Granite City coach Gene Baker said. "That was a big goal, and they have a good keeper who doesn't give you anything easy. Melissa just took a great shot."

After a nondescript first half, both teams stepped up the effort. Warriors sophomore Ashley Burdge nearly put Granite City ahead with 20 minutes to play when her light run in the box led to a scoring chance, but Smith was equal to the challenge. Moments later, Jolene Harris sent a cross to Keri Ousley, and Ousley's sliding attempt came up just short.

Chatham Glenwood stole the momentum in the last two minutes of regulation and laid siege on the Warriors third, but keeper Chelsea Peery kept the scoresheet blank. Chatham Glenwood began the first overtime in similar fashion,

See WARRIORS, Page 3B

## Warriors fall to Maroons, split doubleheader



Tim Stephenson photo

Granite City first baseman Dustin Murphy holds a runner on first base in a recent game. The Warriors split two with Springfield on Saturday.

Granite City bounces back from loss with high-scoring twinbill

By Rick Broome  
Staff writer

Granite City filled the baseballs last Thursday but could only bring in one run during a 5-1 Southwestern Conference loss to Belleville West.

"That was a game of missed opportunities for us," Granite City coach Gus Lignoul said. "In the first inning, we had the bases loaded with one out and didn't score any runs. In the third inning, we had the bases loaded with nobody out and didn't score any runs. Then in the seventh inning, we had the bases loaded with one out and we only got one run."

"So that was a game where we had some opportunities and we couldn't get the hit when we needed one."

"Our pitching was pretty decent. We made a couple of mistakes defensively and they capitalized on it, and that was the difference in the game."

The Warriors offense failed to back another fine pitching performance from senior Sean Courtney.

"Sean Courtney has pitched very, very well his last five times out," Lignoul said. "His record now is 5-2 and he has made tremendous improvements as the year has gone on and has really gotten

"We are working to improve every day, to get better, and our goal now is to be ready and be the best that we can be come regional time."

Gus Lignoul  
Granite City coach

to be a pretty good pitcher." The Warriors bounced back to split a twinbill against Springfield High on Saturday, winning the first game 11-7 in eight innings.

"In the first game, we started out with a number of errors," Lignoul said. "Of their first five hitters, we made four errors on the infield. So in the first inning we gave them three runs, and we were fortunate that they only scored three runs. We battled back and scored one, got two in the fourth to tie it. They scored one in the bottom of the sixth to go ahead. We scored four in the top of the seventh to go ahead by three, then they scored three in the bottom of the seventh. Then

See GRANITE, Page 3B

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# Heumann delivers first pitch with class

Continued from Page 1B

In July when South Side hosts the state Class B tournament, an Army veteran, Heumann said he did not play fastpitch softball until 1947, when he came home from the service and joined the Catholic War Veterans team.

"We had a pitcher named George Romack, who showed me his grip," said Heumann. "I learned the rest by myself because in those days guys did not share too much because they were afraid of someone taking their job."

At 6-foot-5 and 230 pounds, Heumann was an imposing figure on the mound and its 46 foot distance from home plate. But you know I never did try to see how fast I could throw the ball," he said of his technique that was aided by a changeup in his latter years.

Recognized by a proclamation from Belleville Mayor Mark Kern, Heumann also will have his uniform retired by the Beavers.

"He carried a lot of teams and kept our league on a high standard," said master of ceremonies Ron Steen, a longtime City League official, who noted that this is the 60th season of softball at South Side and that club's 75th anniversary year.

"He was so focused as a pitcher, his only weakness was that he had trouble controlling his pitches when he had to intentionally walk a batter," said Sciott. "We were not always that good, but he won and there's no telling how many games he won overall."

Heumann estimated pitching in as many as 70 games in a season. In addition to the CWV, Johnny's and the Beavers, he hurled for Norm's, Tony's, Columbia and South Side among others. He was a 15-time all star and MVP of the 1969 Dave Groh tournament.

Retired from Monsanto, Heumann became an avid follower of high school basketball after his playing days at Cathedral High School.

"He's always been a classy guy," said Sciott, whose appraisal was supported by Heumann's words.

"Thanks for lifting my spirits, thanks for the prayers," said Heumann.

## Prep standings

### METRO EAST BASEBALL

#### Southwestern Conference

Team	Conf	Overall
Edwardsville	8-1	22-3
Belleville East	8-1	22-3
Collinsville	3-6	14-5
Belleville West	2-6	7-14
Granite City	1-4	5-11
Alton	0-7	1-9

#### Mississippi Valley

Team	Conf	Overall
Highland	4-2	13-4
Triad	3-2	19-3
Mascoutah	4-2	10-10
Ohio Memorial	4-1	10-7
Watertown	2-4	8-12
Jerseyville	1-5	11-11

#### Cahokia

Team	Conf	Overall
Columbia	4-0	14-7
Red Bud	3-1	10-10
Freeburg	5-2	7-14
Dupo	4-3	11-5
Carlyle	3-2	11-12
Mattoon	4-4	7-12
Breese C.	3-5	12-11
Lebanon	3-6	9-13
Westlin	2-4	6-16
New Athens	1-5	7-14

#### South Seven

Team	Conf	Overall
O'Fallon	5-2	15-2
Cahokia	0-2	3-11

#### Independents

Team	Conf	Overall
Alhambra	1-1	10-2
Gibault	1-4	14-9
Valmeyer	2-4	5-13
A.E. Lutheran	3-17	3-17

### METRO EAST SOFTBALL

#### Southwestern Conference

Team	Conf	Overall
Belleville West	12-1	22-1
Belleville East	7-2	18-5
Edwardsville	4-4	13-8
Granite City	4-4	6-10
Collinsville	1-6	6-14
Alton	0-6	0-6

#### Mississippi Valley

Team	Conf	Overall
Mascoutah	4-1	18-6
Triad	3-3	10-5
Watertown	2-3	7-12

#### Cahokia

Team	Conf	Overall
Westlin	6-0	11-7
Columbia	4-1	18-6
Dupo	3-2	12-3
Red Bud	3-2	6-8
Freeburg	4-3	7-9
New Athens	4-3	5-10
Breese C.	3-5	6-14
Marissa	0-4	3-14
Danys	0-4	0-11



## DOBB'S Cardinals Team of the Week

### Regional runner-up

The Belleville Jets fourth-grade boys basketball team placed second in the AAU Regional in Farmington, Mo., and earned a berth in the national tournament in Orlando, Fla., this summer. The Jets, coached by Steve Lanter and Kevin Bontemps, are 38-9 with four tournament championships. Members of the team (pictured from left to right): In front — Tyler Bontemps, Robbie Rudy, Mike Augustine, Tyler Renner; In back — coach Kevin Bontemps, Alex Lanter, Andy Sotiropoulos, Patrick Weathers, Ben Koopman and coach Steve Lanter.

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# Camp set for Hazelwood

Special to the Journal

Local prep wrestlers don't have to travel too far to participate in a wrestling camp this summer.

## WRESTLING

Hazelwood (Mo.) Central, in north St. Louis County, is home to the "Camp of Champions" wrestling camp, sponsored by U.S.A. Wrestling and International Sports Camps. Clinicians will instruct 25 hours of intense instruction Monday through Friday, twice a day for a total of five hours per day.

Heading the staff is former Soviet Union national team coach Grant Taropin, who has coached numerous Olympic and World Championships gold medalists.

Other clinicians include Mark Cody, assistant coach at the University of Nebraska, who has coached over 40 NCAA Division I All-Americans at Nebraska; Matt Lindland, six-time National Greco-Roman Champion and Bronze Medalist in the 1996 World Championships; and Jerry Kelly, two-time All-American at Oklahoma State University and Big 8

Conference champion. Instructors with local ties include Tony Purler, a Wentzville (Mo.) High School graduate who was an NCAA Champion at Nebraska and a two-time USA World Team member; Nick Purler, a two-time All-American at Oklahoma State University and Big 8 Conference champion; and Rocky Streh, coach at 1998 MSHSAA Class 4A state champion Oakville (Mo.) High School.

Hazelwood Central coach and camp director Chris Whelan, a Granite City North graduate and two-time college All-American, said "You won't find a camp of this caliber and low cost anywhere in the USA."

The camp has room for more than 200 wrestlers, ages 8-18. Sessions run Monday through Friday, 9 a.m. to 11 a.m. and 12:30 p.m. to 3 p.m. with a lunch break in between. The "Camp of Champions" costs \$130 if received before June 12, or \$150 at the door.

Make checks payable to: International Sports Camp, c/o Chris Whelan, 1225 Southwest Lane, St. Louis, MO. The ZIP code is 63137. For more information, call Whelan at (314) 869-2169.

# Warriors top Reoskins in OT

Continued from Page 1B

sending a ball across the crease without finding a finisher. Granite retook the run of play in the second extra session and held on until the game-winning goal.

"It was a hard day's work for a lot of them," Baker said. "We looked pretty lethargic in spots. I thought (Jessica) Vasioff played real well. I think Erin (Tyler) played well, despite the coach. I messed up on her, I should have had her on the field more in the second half. Keri (Ousley) also had a good game; she always plays well."

"Amber Hubert deserves credit. She had an injury and she came out and played. We need her to move forward and

**"It was a hard day's work for a lot of them. We looked pretty lethargic in spots."**

Gene Baker  
Granite City coach

advance. She played very well."

Hubert is recovering from a torn medial collateral ligament in her right knee, suffered during a game against St. Charles County (Mo.) Francis Howell in the St. Dominic/Howell North Tournament two weeks ago in St. Charles. Hubert, a senior, was making her first appearance since the injury.

"I feel like I can be back to normal really soon," Hubert said. "My leg isn't bothering me at all with the brace. It still kind of weighs me down, but I think I can fight through it. It's working out pretty good so far."

Chatham Glenwood tried to create space with physical play but the Warriors stood up Saturday. However, senior Debra Aaron came out late in the second half with a bruised knee. The extent of the injury isn't yet known.

"It was a physical game," Baker said. "I hope Debra is all right, that we can get ready now for Monday."

The Warriors were scheduled to play O'Fallon on Monday in a home game rescheduled from April 14.

# Granite City splits 2 with Springfield

Continued from Page 1B

we scored four in the top of the eighth to win.

It was a game where we started out and we helped them out a lot, but we hung in there, we battled back. They got behind and we battled back. They tied us up and we battled back. It was an exciting game, it was a great game for us to win because we kept battling, we kept fighting. It was a good win for us."

Warriors first baseman Matt Pistorius went 2 for 4 with two RBIs. Dustin Murphy was also 2 for 4 with two doubles and two RBIs. Shawn O'Dell, who came up from the junior varsity, was 3 for 4. Devin Mayes, who is batting .404, went 1 for 3 with a three-run home run.

The Warriors were not so prolific or fortunate in the next tilt. Granite City fell behind early and could not rally for the win.

"In the second game, we got behind 9-0 after two innings," Lignoul said. "We battled back, we had a five-run fifth inning to make it 9-6. But then they scored four runs in the bottom of that inning after two were out. Dustin Murphy had come in in relief of Steve Ward; he had done a very good job. The last couple of times he has improved dramatically as far as his pitching is concerned. He just got a couple of pitches up and they got a couple of hits and scored four runs. But I was pleased with the way that Murphy pitched. Then (Scott) Schardan came in and pitched well again."

Murphy had two more hits in the second game. He went 2 for 4 with another double and an RBI. Pistorius also was 2 for 4 with two doubles. O'Dell, who was hitting .400 going into the weekend, added a triple.

Despite the high-scoring games, Lignoul liked the progress the Warriors hurlers

are making. "We've got some kids that are improving pitching-wise, with Courtney and Murphy and Schardan," Lignoul said. "We are making improvements where we are much better than we were at the beginning of the year. We have played some teams pretty well lately."

"We've got another two weeks to get ready for regionals. If we can continue to improve, then who knows what will happen at regional time. It's a new season, everybody starts off with a 0-0 record. We are working to improve every day, to get better, and our goal now is to be ready and be the best that we can be come regional time."

The Warriors were scheduled to face southwestern Conference co-leader Belleville East on Tuesday. They play at home Thursday against Alton.

# McFall becomes Collinsville's winningest coach

By Brian Bretsch  
Staff writer

Steve McFall became the winningest baseball coach in Collinsville High history last

week, passing former coach Don Davison.

McFall picked up career win No. 202 as the

Kahoks made quick work of the Centralia Orphans 11-1 in five innings Friday afternoon at Arthur Fletcher Field.

The Kahoks rang up six runs in the opening inning, one in the second and four more in the third to put the game away.

"We got after them fairly quickly," McFall said. "We knocked their starter out before he got an out. We got a lot of kids into the game and our kids were able to do some good things. They executed and didn't make mistakes."

"I was able to play them all. You don't want to play a game like that all the time where you knock their brains out but we don't get many games like that. We play a brutal schedule."

Justin Clayton tossed a two-hitter for five innings to earn the win.

The top of the Kahoks lineup produced much of the offense. Keith Mumper was 3 for 3 with three runs scored. Nick Jones was also 3 for 3 with a home run and three RBIs.

Justin Volkmar was 2 for 2 with a double and three RBIs. Davison had coached the Kahoks for 17 seasons. McFall is in his 10th year at the helm.

"We were just trying to survive the first year," McFall said. "Nobody had any thoughts about 200 wins. We were trying to figure out how to turn the program around and get it back on track."

The Kahoks are attempting to record their seventh straight 20-victory campaign.

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Suburban Journals THEATRES



# Warriors finish seventh in Collinsville invite

## Atkins finishes second in 1,600 meters

By Rick Broome  
Staff writer

Granite City competed in another strong field Saturday in the Collinsville Invitational.

### BOYS TRACK

The Warriors finish seventh with a total of 42 points. Granite City coach Gene Briggs said, "We did score in quite a few events, but many of our places were down in the track meet. They gave places up to eight events and we had a number of sevenths and eighths, with a few fiftis and sixths."

"But we didn't have enough of the high finishes to score better. There were 23 teams in the meet, so finishing seventh with 42 points was a pretty fair job. But until we are up in the top three or four on a consistent basis, we don't want to be satisfied with that."

The Warriors got eighth-place finishes in the shot put (Jeff Hard) and the 400-meter dash (Rich Skirball). Triple-jumper Earl Clark and 1,200-meter runner Jerry Curtis posted seventh-place finishes.

The 4x100 (Clark, Josh Martin, Josh Mefford and Justin Smith) and 4x200 (Clark, Jim Treake, Rich Evans and Chris Mertz) relay teams also landed in seventh.

Clark took sixth place in the long jump and Steven Schroeder got fifth place in the 110-meter high hurdles. Hard's firm toss was good for fourth place in the discus and Mertz took third in the 300-meter intermediate hurdles.

The Warriors also got second-place finishes out of Kevin Atkins in the 1,600-meter run and the 4x400-meter relay team of Skirball, Dennis

"No firsts, a couple of seconds, one third, and then we started filling in the places from there on down. But in a big meet, getting the top places are your best way to finish high. Even though we had places that weren't necessarily the top, having multiple places in a big meet like that is what gave us the result we had, which was acceptable."

Gene Briggs  
Granite City coach

Davis, Jeremiah Beckley and Atkins.

"No firsts, a couple of seconds, one third, and then we started filling in the places from there on down," Briggs said. "But in a big meet, getting the top places are your best way to finish high. Even though we had places that weren't necessarily the top, having multiple places in a big meet like that is what gave us the result we had, which was acceptable."

The Warriors race in the Southwestern Conference Meet at Collinsville on Thursday, which could be an indication how long they will be able to extend their season.

"We certainly are looking forward to conference this week so we can better our performances and better our places," Briggs said. "But right now, with two weeks left in the season, we do feel that we are accomplishing what we have been trying to. So we are satisfied so far."

## Boys track results

### BOYS TRACK Collinsville Invitational (Saturday)

**Team Standings**  
1. Belleville East 94½; 2. O'Fallon 84½; 3. Edwardsville 65; 4. Nashville 64; 5. Belleville West 56; 6. Cahokia 46; 7. (tie) Collinsville 42 and Granite City 42; 9. (tie) Centuria 41 and Mount Vernon 41; 11. Freeburg 26½; 12. Alton 25; 13. Jerseyville 12; 14. Wescinn 8; 15. Traid 7½; 16. (tie) Murphysboro 5 and Althoff 5; 18. Highland 3; 19. Waterloo 2; 20. Mater Dei 1; 21. Venice 0.

**Individual Results**  
3,200 relay — 1. Alton 8:15.2; 2. Granite City; 3. Edwardsville; 4. Wood River.

400 relay — 1. O'Fallon 44.4; 2. Belleville East; 3. Belleville West; 4. Cahokia.

3,200 run — 1. Andy Bratten (Edw) 9:51.4; 2. Schwartz (Cent); 3. Koch (MV); 4. Weaver (Nash); 5. Haaft (Free); 6. Jermaine Jones (BE) 15.0; 7. Plaseck (Nash); 3. Shafer (MV); 4. Gentles (MV).

100 — 1. Bidlack (Jersey) 11.2; 2. Dotts (Cah); 3. Taylor (BW); 4. Salesman (OF).

Long jump — 1. Quincy Jackson (BE) 23-1½; 2. Carlos Leonard (BE); 3. Haas (Free); 4. (tie) Aaron (BE) and Allen Hsiao (Col).

800 run — 1. Amanson (Cent) 1:56.5; 2. Jones (BE); 3. Dierjok (Cent); 4. Seirman (Murph); 5. Pole vault — 1. Nicholson (Nash) 13-0; 2. Stein (Nash); 3. Hayes (MV); 4. Smith (Virden).

800 relay — 1. Belleville West 1:32.0; 2. Collinsville; 3. O'Fallon; 4. Belleville West.

Discus — 1. Middleton (Nash) 169.2; 2. Nathan Hustedde (OF); 3. Joe Davis (Edw); 4. Stiff (BE).

400 — 1. Dotts (Cah); 2. Byrd (OF); 3. Jackson (BE); 4. Bowlin (Free).

Shot put — 1. Middleton (Nash) 51-1½; 2. Cecil Carter (BW); 3. Nathan Hustedde (OF); 4. Buinak (BE).

300 hurdles — 1. Jermaine Jones (BE) 39.6; 2. Plaseck (Nash); 3. Mertz (GC) and Killian (BW).

High jump — 1. Royer (Virden) 6-8; 2. Hoffarth (Free); 3. Jackson (BE); 4. Doyle (Col).

1,600 run — 1. Amanson (Cent) 4:30.1; 2. Kevin Atkins (GC); 3. Campbell (Alton); 4. Koch (MV).

200 — 1. Dotts (Cah) 23.0; 2. Salesman (OF); 3. Davis (BW); 4. Redditt (Alton).

1,600 relay — 1. Belleville East 3:25.1; 2. Collinsville; 3. Edwardsville; 4. Nashville.

Triple jump — 1. Carlos Leonard (Edw) 46-8½; 2. Tillman (OF); 3. McClellan (OF); 4. Elam (Cah).

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## Optimist junior golf tournament scheduled for June 6 at Tamarack

The Belleville Downtown Optimist Club will sponsor this year's junior golf championships, scheduled for 11 a.m. on June 6 at Tamarack Country Club in Shiloh.

### SPORTS BRIEFS

The tournament is open to boys and girls ages 14-18. Players cannot turn 19 prior to July 25, 1999 and must reach the age of 14 by the same date.

The entry deadline is June 4. To enter, call Doug Gain at 277-0809 between 9 a.m. and 5 p.m. after May 18. Calls prior to May 18 will not be accepted.

The cost is \$22 per player and includes soda, sandwich and golf. Trophies will be awarded to the winners (in each of two age categories) who may then go on to the Illinois district championships, June 14-16 at Piper Glen Golf Course in Springfield. The cost of sending the qualifiers will be paid by the Optimists.

District winners advance to the Optimist International Junior Golf Championships, July 15-25 in Florida.

### Golf tournament

The Illinois Center for Autism will conduct its 16th annual golf classic on May 20 at Clinton Hill Country Club in Belleville. The cost is \$125 per player. Registration begins at 10:30 a.m., followed by lunch provided by Pasia Fare, an enterprise of ICA.

After 18 holes of golf, there will be a dinner and awards ceremony at 5 p.m. Non-golfers can join the dinner program at a cost of \$20. All proceeds from the golf outing will benefit individuals with autism.

For more information, call 398-7500.

### Althoff camps

Althoff High School will conduct the following sports camps this summer:

• Baseball (boys grades 5-10): June 7-10, 9-11:30 a.m. (rain day June 11). Director: Brett Isaacs. Tuition: \$45.

• Boys basketball: June 21-24, 9 a.m. to noon (grades 5-6); June 21-24, 12:30-3:30 p.m. (grades 7-8); June 7-11, 12:30-3:30 p.m. (grade 9); June 7-11, 9 a.m. to noon (grades 10-12). Director: Greg Leib. Tuition: \$50.

• Girls softball (grades 4-8): June 7-10, 9-11:30 a.m. Director: Mary Kloess. Tuition: \$45.

• Girls basketball: June 14-18, 8:30-10 a.m. (grades 5-6); June 14-18, 10 a.m. to noon (grades 10-12); June 14-18, 1-3 p.m. (grade 9); June 14-18, 3-5 p.m. (grades 7-8). Directors: Don Haida and Bob Moser. Tuition: \$45.

• Boys soccer (grades 5-12): July 26-29, 4-6 p.m., Signal Hill Park. Director: Dave Stosberg. Tuition: \$30.

• Coed golf: July 5-9, 9-10:30 a.m. (grade school participants); July 5-9, 10:30 a.m. to noon (high school participants), DP Golf Center, 650 Hartman Lane in O'Fallon, call 632-9500. Director: Dan Polites (PGA professional). Tuition: \$50.

• Football (boys grades 8-12): July 19-22 and July 22-26 (two week camp), 6-8 p.m. Director: Glenn Schott. Tuition: \$25 (no shirt or discount).

• Girls soccer (grades 5-12): June 7-11, 4-6 p.m., Signal Hill Park. Director: Haig Haghosian. Tuition: \$50.

• Girls tennis: June 7-11, 9-10:30 a.m., grades 9-12 (advanced); June 7-11, 10-11:30 a.m., grades 5-8 (beginner), Althoff tennis courts. Director: Beth Irwin. Tuition: \$50.

• Girls volleyball: Grades 4-6, June 11, 5-8 p.m. and June 12, 9 a.m. to 2 p.m. (includes lunch). Grades 7-8, June 18, 5-8 p.m. and June 19, 9 a.m. to 2 p.m. (includes lunch). Grades 9-12, June 21-24, 6-8:30 p.m. Directors: Kathy Crotty Waller, Jack Kloess and Todd Guber. Tuition: \$45.

Unless otherwise indicated, all camps are at Althoff and the tuition fee includes a camp T-shirt. Tuition for a second child or second camp is \$15 less than listed up to a maximum family discount of \$45.

For more information, call 235-1124.

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# Christian Northeast adopts new prostate cancer procedure

## Radiation seed implants are successful, say doctors

By Donald Scales  
Staff writer

Until recently, surgery or radiation treatments were the two standard ways to treat prostate cancer. Now doctors have another method.

Since March, doctors at Christian Hospital Northeast have provided the Brachy Therapy for prostate cancer patients. It is a same-day surgical procedure which plants radioactive seeds the size of rice grains permanently into the prostate. Doctors said the radioactivity in the seeds is

expected to kill off the cancer.

"The goal is to catch the disease early enough so men can be treated with the implanted seeds alone," said Dr. Jim Piephoff, medical director of the hospital's radiation oncology program.

Piephoff said his duties are to determine how many radioactive seeds should be put into someone's body and where they should go. He said each seed that a patient gets depends on the size of the prostate. He also said patients are able to return home on the same day of the surgery. Piephoff said Christian Northeast is the only hospital in North County that does the

hourlong implant procedure.

Piephoff said the procedure can be done only if the patient is in the early stages of the cancer. He said it cannot be done if the cancer has spread dramatically. He said the hospital performed the procedure for the first time April 12.

He said three Christian Northeast patients had the surgery so far. He also said 10 people are awaiting it. Two of the patients had good things to say about implant surgery.

George Jakel of Ferguson had the surgery performed by

"The goal is to catch the disease early enough so men can be treated with the implanted seeds alone."

Dr. Jim Piephoff, medical director  
Christian Hospital Northeast

a Northeast doctor in October at another hospital. He said he would recommend it for anyone.

"It is a miracle. I would offer this to anyone with prostate cancer," Jakel said. Jakel said he took about two weeks off from the surgery, then went back to his regular activities.

John Beck, also of Ferguson, went through the procedure on April 22. He said he is slowly recovering, but he isn't planning on slowing down.

"I went dancing a few nights ago, and it didn't feel that bad. I get tired a little more, but I know everything will get better," Beck said.

Doctors consider Jakel and Beck cured of prostate cancer.

Piephoff said the procedure is better than the other two forms in many ways. He said many people do not want to go through with any other surgical procedure or eight weeks of radiation treatments. Piephoff said the procedure

has been in existence for almost 10 years. He also said neurologists from Christian Northeast have performed it more than 40 times at other hospitals.

Piephoff also said according to the 1997 American Cancer Society figures, 334,300 men were diagnosed with the disease. He also said 41,800 died from it.

Piephoff said every male in his 50s should have a prostate screening.

# Official wants paint industry to help with St. Louis' lead problems

## Child poisoning rates still high; city could join suit against manufacturers

By Clayton Berry  
Staff writer

The leader of the St. Louis Department of Health and Hospitals wants to talk with paint manufacturers about the city's alarming rate of lead poisoning among children.

Whether that dialogue takes place across a friendly table or in front of a judge and jury remains to be seen.

Dr. Larry Fields, the director of the city's health department, said local officials

need financial support and other assistance if they are going to battle the lead problem here.

Last year, the health department found that citywide, more than 20 percent of children under age 6 suffered from lead poisoning. This is a decline from the two previous years, but the rate is still much higher than state and national levels.

The city has two programs that target the problem, and the federal government has provided a \$2.9 million grant to make 400 housing units safe from lead poisoning.

"Lead poisoning is in the top four (health) concerns," Fields said.

Lead paint was banned in 1978 by the Consumer Protection Agency, but for St. Louis, which has an aging housing stock, the hazard remains a constant threat, especially to families without the funds to correct the problem.

"The key to focus on is that there was a great deal of prior knowledge of the hazards of lead," Fields said. "The magnitude of the problem has been substantially contributed to by paint."

There is a growing contingent of health officials and lawyers who want to hold

manufacturers of lead-based paint accountable for the harms to the public.

The nation may even see a class-action lawsuit against paint manufacturers, much like the action taken against the tobacco industry for the ills of smoking.

At this point, Fields said legal action is one option. "The approach that I'm taking is open and candid," he said.

A spokesman for the paint industry said manufacturers are not only willing to talk but already have taken strides to help stem the tide of lead poisoning.

Tom Graves, general counsel for The National Paint and Coatings Association, said the industry is underwriting an independent program called

the Community Lead Education and Reduction Corps. CLEARCorps is working in five cities with education and abatement efforts and will come to St. Louis next year.

He said the industry contributed about \$1 million to the 2-year-old program, which also receives funds from the federal government and is overseen by the U.S. Department of Housing and Urban Development.

Graves said lead poisoning can come from multiple sources, including lead plumbing.

He said comparisons to the tobacco industry are unfair because paint manufacturers supported the eventual ban and, as early as the 1950s, many manufacturers were beginning to limit their use of

lead in consumer products. "The difference is night and day between us and the tobacco companies," Graves said.

Fields said he is talking to paint firms about assisting the city. Graves suggested Fields expand his conversation with the trade association, though talk of lawsuits may close the door a bit.

"When you talk about lawsuits, it has a chilling effect," Graves said.

Fields said he is not interested in laying blame, but in finding partners to assist the city in its efforts to turn the lead problem around.

"What we're trying to do is to take some concrete steps toward a solution," Fields said.

## Pageant is seeking contestants

The Miss Metro-East Pageant is seeking contestants. Contestants should be single women, ages 17 to 24, who live or attend school in Illinois. This competition includes a scholarship

program and is a preliminary to the Miss Illinois and Miss America pageants.

For more information, call Nancy Robinson at 344-8210.

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**Evening:** Register at 6:30 p.m., Wednesday, May 12, in cafeteria. Class meets from 6:30-9:20 p.m., Mondays & Wednesdays, from May 12 to July 7.

For more information, call (618) 931-0600, ext. 6697 - or 1-800-BAC-5131, ext. 6697.

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## Annual Red Cross banquet reservation deadline today

Southwestern Illinois Chapter's volunteers and community partners to be recognized; elections slated

Today is the last day to make reservations for the annual dinner meeting of the Southwestern Illinois Chapter of the American Red Cross. The event is scheduled for

Thursday, May 20, and will be held at Joshua's Banquet and Catering Center, 101 East Gate Plaza, East Alton. The meeting will begin with a social hour at 6:30 p.m.,

followed by dinner at 7 p.m.

Friends, supporters and the public are invited to attend and recognize the contribution of the chapter's volunteers and community partners. The election of officers and new board of director members will also be held.

Those who plan to attend must phone 468-7704 no later than today to place reservations.

This is the Red Cross' 32nd year of serving communities in Madison, Bond and Calhoun counties. The chapter's main office is located in Alton; its service center is located in Edwardsville.

## New GED test set for 2001

The General Equivalency Development Testing Service in Washington, D.C., will release a new test in the year 2001 to replace the current edition of GED tests.

These new tests will be structured in a way that no longer corresponds to the five tests found in the current test series. Because of these changes, scores earned on the current tests

cannot be combined with scores for the new 2001 tests. Current test scores will be destroyed when the new testing material is implemented.

If you failed the GED test in Madison County and would like to retake it before the implementation of the new tests in 2001, call the Regional Superintendent's office at 682-6200, Ext. 4641.

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## East St. Louis bus tour scheduled

Former East St. Louis Public Library Director Sheryl Clayton will lead a bus tour of East St. Louis that will start at 8:30 a.m. May 18 at the Collinsville Public Library, 408 W. Main St., Collinsville. The tour costs \$25 and includes transportation, lunch and tour costs. There are steps at the courthouse and ParGo Manor.

Checks or money orders should be sent to Sheryl Clayton, P.O. Box 481, Caseyville, IL 62232 by May 13. For more information, call Clayton at 271-7890.

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# Lambert Airport prepares for Cyberflyer Club lounge

## New cafe will give passengers Internet access

By Michael Penrod  
Staff writer

Travelers passing through Lambert Airport will soon be able to surf the web while grabbing a bite to eat.

### ST. CHARLES

Host Marriott Services, in conjunction with Lambert, is developing its first Cyberflyer Club in the D-Concourse of the main terminal. Stan Novack, the company's vice president of concept development, expects the service to be ready for takeoff in August.

David Lazarus, Lambert's property specialist, said the

Cyberflyer Club will enable travelers to surf the web and enjoy a cup of coffee while they wait for their plane. "It's basically an existing lounge that's being upgraded," Lazarus said.

"The featured items will be six computers where people can access the Internet and kill some time."

Novack said the club is being tested in only three airports throughout the country, the other two being Dulles International Airport in

Washington, D.C., and San Jose International Airport in California.

He said the demand for such a lounge can be seen simply by walking through the main terminal of any major airport. "If you've traveled recently through airports, you've probably noticed that almost everybody is carrying laptop computers for work, but these computer users really don't have a place to plug the computers into," Novack said.

Novack said Host Marriott is starting slowly because of the cost of the computer equipment. "He declined to give a cost estimate for the Cyberflyer

"It's basically an existing lounge that's being upgraded. The featured items will be six computers where people can access the Internet and kill some time."

David Lazarus

Lambert Airport property specialist

Club at Lambert but did say the average cost for each computer terminal was around \$12,000.

Novack said cost is going to be a major factor in expansion of the clubs because research has indicated customer usage of the Internet plummeted when people are asked to pay a log-on fee.

"One of the things we've found is that people aren't willing to pay for Internet

access," Novack said. "When we charge people, the usage seems to drop off."

Novack said for the club to become successful Host Marriott Services must find a way for the Internet access to be supported by advertisers.

Internet access provided by the Cyberflyer Club won't be the only online resource that travelers can tap into. Lambert spokesperson Sandy Singer said the airport is

making several of the facility's pay phones capable of linking with laptop computers.

"We are in the process of adding data jacks to several phone banks," Singer said.

Singer said Lambert already has added data jacks to more than 40 of the facility's pay phones, and expects to have a total of 111 phones ready for computer access within the next few months.

## More noise unwelcome byproduct of airport expansion, residents say

### Roaring jets detract from tourists' enjoyment of area, say some

By Steve Korriss  
Staff writer

When jets roar over the First Missouri State Capitol in St. Charles on their way to Lambert Airport, tour guides have to interrupt the history lesson until the noise trails away.

### ST. CHARLES

The guides expect longer and louder interruptions if the city of St. Louis proceeds with its \$2.6 billion plan to expand Lambert-St. Louis International Airport. Arriving aircraft would pass over St. Charles 471 feet lower than they do now.

"My personal opinion is, I do not like it," said Adam Marty, a tourist assistant at the First State Capitol Historic Site. "It will really detract from the enjoyment of tourists coming into St. Charles."

A tourist can choose to visit a quieter place, but those who live under the jets cannot easily escape. In St. Charles, elected officials and

community volunteers are warning that the expanded airport would harm the community.

"The people of St. Charles have a reason to be concerned about this," said William Clark, director of the Central Institute for the Deaf in St. Louis.

"If you cannot talk on the phone, if you cannot watch TV, if you cannot barbecue in your backyard, those are the places where we go to escape the ravages of life. If you cannot enjoy your time off, you cannot enjoy your life."

The Federal Aviation Administration, which supports the expansion plan, has stated that St. Charles would not need relief because noise would not exceed an average of 65 decibels.

Clark said, "Sixty-five is not a threshold. Don't let anyone call it that. It is the ceiling. It is an intolerable and still have the government let you live there."

He said St. Charles residents should not accept assurances

that airlines are replacing noisy old jets with quieter new ones. "The planes will be quieter, yes, but there will be more planes," he said.

"Annoyance is a combination of the loudness and how often one hears it," he said. "Half as loud and twice as often is actually more annoying than twice as loud and half as often."

Annoyance, Clark said, is a medical term for the response to noise. "It sounds like a mosquito, but annoyance means preventing you from enjoying the quality of your life," he said.

"Ancient Rome forbade chariots after dark, because of the noise from the metal wheels on the stone streets. In the 1500s, Queen Elizabeth banned wife-beating on the streets, not because she objected to wife-beating, but because of the noise."

The FAA's record of decision on the expansion gives inconsistent answers to the question of noise in St. Charles.

"If you cannot talk on the phone, if you cannot watch TV, if you cannot barbecue in your backyard, those are the places where we go to escape the ravages of life. If you cannot enjoy your time off, you cannot enjoy your life."

William Clark, director  
Central Institute for the Deaf

"Certain neighborhoods in St. Charles will be overflown directly and at shorter slant ranges than they are at present," the FAA record says. Another passage states, "the FAA did not provide assurances that the people of St. Charles will not suffer sleep deprivation."

Despite these findings, the record asserts that "St. Charles is not located within an area that would be either directly or indirectly impacted by the proposed development of Lambert... areas in St. Charles are not anticipated to receive a significant increase in noise levels."

The record also states that the expansion "will have no effect on historic properties within the city of St. Charles." St. Louis did not include St.

Charles, city or county, in the planning of the expansion. In the FAA record, noise maps end at the Missouri River.

St. Charles made it into the record because elected

officials and private citizens sent protest letters to the FAA. St. Louis also excluded St. Charles when writing the airport's noise compatibility plan in 1996.

## Grace period for those getting new 636 area code starts this month

By Mary Shapiro  
Staff writer

People may begin using the new 636 area code this month when making telephone calls to parts of the St. Louis area.

May 22 marks the start of a grace period when people may use either 636 or the current 314 area code. The grace period, or "permissive dialing" period, will run

through Feb. 25. After that, people will have to use the correct area code when making telephone calls.

The commission decided last year an additional area code is needed, because telephone numbers with a 314 area code soon would be used up. That's because of the increased demand for numbers used for cellular phones, pagers, etc. People who live in areas such as Valley Park,

Manchester, Ballwin and Wildwood, as well as all or parts of Jefferson, Franklin,

Warren, St. Charles, Lincoln and Montgomery counties will get the new 636 code.

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# Private landowners protest idea of building golf course

Officials say it's merely plan in case land is available

By Paul Mackie  
Staff writer

Plans for a village golf course may never materialize, according to private landowners at the site.

**GLEN CARBON**

"Glen Carbon can stick it," Betty Rinkel said. She, her husband, Carl, and several relatives own much of the land proposed in the long term by village officials to be the location for a golf course.

Another landowner, who lives on Ridge View Road and is not related to the Rinkels, said she had not heard anything about a golf course and had no opinion.

The site, earmarked in the village's 1996 comprehensive plan, is north of Interstate 270, west of Interstate 55, south of Mont Road and east of Old Troy Road.

The nearly 200 acres of farmland is not far from the Cottonwood subdivision in an unincorporated area of

Madison County.

"It'll never be for sale," Betty Rinkel said. "There are plenty of golf courses. We don't have to take good, productive land just to follow around a bunch of golf balls. There are too many leeches wanting nonsensical land. People have to eat."

Village officials say they have no immediate plans to contact landowners in that area, which is used to produce corn, soybeans and wheat. They simply put the plans in

"There are plenty of golf courses. We don't have to take good, productive land just to follow around a bunch of golf balls. There are too many leeches wanting nonsensical land. People have to eat."

**Betty Rinkel**  
landowner

place in case the land ever did become available.

"We had public hearings for the master plan (in 1996), but nobody came," said Bill Kleffman, the village's treasurer and former Planning/Zoning Commission

chairman.

"The golf course concept originated when we had to replace the industrial plans."

Village and county officials said the Saturn company had considered the site for its

automobile plant in the early 1990s. However, Saturn eventually built the plant in Spring Hill, Tenn.

"That would have been a coup to the tax base of the community. Anyway, that didn't come to pass," Kleffman said.

He said it might be nice to begin actively soliciting for a golf course somewhere in the village, noting that the east side of town could provide an ideal location.

"With the bluffs, the only place we have room is out to the east," Kleffman said. "Plus, a golf course is not a polluting-type industry."

About 200 acres are necessary for an 18-hole course because each hole requires about 10 acres, Village Trustee Ben Maliszewski said.

"We'd like to see that eastern border buffered by greenspace, and golf courses are a benefit to the community."

"A lot of executives like to be located in communities with golf courses," he said.

Maliszewski said the village would not force any unincorporated landowners to annex into the village or to sell for development purposes.

"A lot depends on the owners of the land. Maybe (a portion of the land earmarked in the master plan) could be a smaller park or something else recreational that someone could enjoy," he said.

Maliszewski said that if the golf course is investigated in the near future by village officials and the plan is discovered to be pointless, the Planning/Zoning Commission can always change the plan for anticipation of a better, different use.

## Deals for park, trail completed

By Paul Mackie  
Staff writer

Two deals to provide more nature and recreational alternatives within Glen Carbon have been completed.

**GLEN CARBON**

Village Trustee Bill Kleffman updated the Planning/Zoning Commission at the May 4 meeting about the recent acquisitions of 12 acres across from Village Hall for a park and a 3.5-mile stretch of bike trail.

"You probably think no one pays attention to your comprehensive plan (for the village)," Kleffman told commission members. "But I think it's a very worthwhile tool."

The plan, drafted by the commission in 1996, allows for a 60-acre park across from Village Hall, 151 N. Main St.

Chuck Markowitz had agreed to sell his 12 private acres for \$181,000.

Kleffman said the wooded area, which is set back from Main Street near a set of recently abandoned railroad tracks, will be ideal for trails and a parking area.

Officials visualize that the park could expand as much as 88 acres toward the road. In 10 years, if the current landowners decide to sell, the park could include several recreational facilities and municipal buildings.

"I thought we'd work from (Main Street) back because that would be logical, but Chuck at the back was the first to call us," Kleffman said.

He added that Mayor Ron Foster contacted the property owners in 1996 to say that the village would be interested if they ever decide to sell.

"All the owners responded that (a park) would be a good thing for the community," Kleffman said.

The village will apply by July for an Illinois Department of Conservation grant, which may pay half the cost of the 12-acre purchase.

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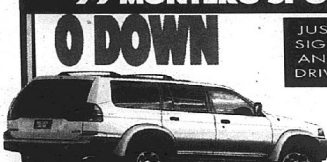
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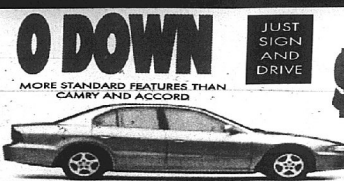


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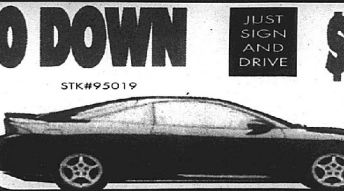


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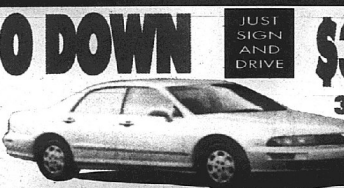
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## Cahokia Mounds events

During May, Cahokia Mounds State Historic Site will feature a storytelling program, Kids Day, a Nature/Culture Hike, and a new temporary exhibit.

Cahokia Mounds will participate in the 20th Annual St. Louis Storytelling Festival Saturday, May 8, starting at 2 p.m.

Gayle Ross, of Cherokee ancestry, will present a program of stories and legends relating to her heritage. The Cahokia Mounds program is free and open to the public, and will be held in the Interpretive Center auditorium. The festival, held at many venues throughout the metropolitan area, is sponsored by the University of Missouri-St. Louis.

Kids Day, one of Cahokia Mound's largest events, will be held Sunday, May 16, from 11 a.m. to 4 p.m. outside the Interpretive Center. In case of rain, activities will be moved inside.

There will be many hands-on activities for kids of all ages, including making arrowheads and pinch pots, grinding corn with stones or a wooden mortar and pestle, playing Indian games, throwing spears with an atlatl, making shell beads, and face painting with prehistoric Indian designs.

There will be an exhibit of animal hides and tracks, live birds of prey from the World Bird Sanctuary, and performances by the Kahok Dancers. The free event is an ideal family outing and learning experience for all.

The spring Nature/Culture Hike will be held Sunday, May 23, from 9:30 a.m. to 1 p.m. An archaeologist and a naturalist will lead hikers along trails through grassland, woodland, and wetland settings, discussing Indian uses of the plants and animals seen along the trail, as well as many mounds and archaeological excavations. The hike is free and open to the public. Hikers should dress for the weather and bring something to drink. The hike will be canceled if it is raining.

A new exhibit, "Transportation: Archaeology," opens in May and can be viewed at Cahokia Mounds through September. Prepared by the Illinois Department of Transportation, this exhibit includes some very

detailed and exquisite miniature dioramas created by exhibit specialist Fred Brown, who made the bricks, structures, tools, and people for these scale models.

Four important sites associated with systems of transportation are featured: The 1841 Edward Mitchell House, a Greek Revival farm house in the Illinois Valley; the Old Landmark Tavern, a 19th century, two-story log structure that was a stagecoach stop on the Vincennes to St. Louis "trace," or road; the Elizabeth Pottery, an 1850 pottery kiln and factory in northwestern Illinois; and the Kun Brewery, a mid-century structure in northwestern Springfield. Only subsurface traces of these structures remained, and each of these sites was discovered using archaeological research during IDOT construction projects.

Guided tours of Cahokia Mounds will be offered on Saturdays and Sundays at 1:30 p.m. in May. Visitors should meet the guide at the Monks Mound parking lot for a tour of Monks Mound and the Stockade reconstruction. Self-guided tours are also available year round through the loan of a cassette player or the purchase of a guidebook, available in 13 languages, in the museum shop. For visitors with disabilities, a Braille guidebook is also available, as is a 17-minute video tour of Cahokia Mounds that may be viewed upon request in the Interpretive Center.

Cahokia Mounds State Historic Site, administered by the Illinois Historic Preservation Agency, is just eight miles from downtown St. Louis near Collinsville, off Interstates 55/70 and 255, and Illinois Route 111, on Collinsville Road. It is also accessible by bus number 555 from the MetroLink station at Fifth and Mississippi in East St. Louis.

Cahokia Mounds is open daily free of charge, although a donation of \$2 for adults and \$1 for children is suggested. For more information or a 1999 Calendar of Events, call (618) 346-5160.



Catherine Zeta-Jones and Sean Connery in a scene from the Twentieth Century Fox release, "Entrapment."

## 'Entrapment' entertaining, but plot is too convoluted

By Ronnie Roy  
Staff writer

"Entrapment" is an entertaining action thriller with two engaging stars but a few too many plot twists.

The film opens with a daring robbery of a Rembrandt painting from a New York high-rise office building. Insurance investigator Gin Baker (Catherine Zeta-Jones) is convinced the heist is the work of master thief Robert MacDougal (Sean Connery).

Gin convinces her boss, Hector Cruz (Will Patton), to let her go undercover to catch Mac. He's concerned because the last two men to go after Mac were never seen again, but she's convinced he'll be taken in by her feminine charms.

Mac is currently in London, where there's a valuable gold mask on display in a museum. Gin tails Mac, but he quickly turns the tables on her. She tells him she's a thief seeking his help in her plan to steal the mask.

Although suspicious, he puts her in his helicopter and they fly off to his home—a castle in the Western Isles of Scotland. Who says crime doesn't pay?

Gin's plans for seduction are foiled when Mac tells her he doesn't get personal with partners when on a job. They

then begin plotting the heist, with help from Mac's equipment supplier, Thibadeaux (Ving Rhames).

At this point the first major plot twist is revealed, effectively leaving open the question of Gin's motivation.

The scenes of the duo planning the theft are intriguing, and made even more impressive when we see them in action. The scheme goes off as planned, but turns out to be just a preview for an even bigger job.

Gin tells Mac the theft of the mask—worth millions—was just to obtain an object that would help with a bigger theft—worth billions.

They then fly off to Kuala Lumpur, for a scheme involving, of all things, the Y2K millennium bug. A major bank there will be testing its computer

equipment, and a 30-second window will allow the duo to hack into the computer and send a message to several major corporations to send money to a certain account. Unnoticeable amounts to the corporations.

Before the final act begins, it's time for a few more plot twists. What is Thibadeaux up to? What does Mac mean when he says, as he's finally giving in to temptation with Gin, that his situation is "complicated."

At this point the film falls apart, with over-the-top action sequences and an ending with so many twists and turns it feels like it was written by a pretzel maker.

"Entrapment" is not without its charm. Connery and Zeta-Jones are an interesting pair, and the story is compelling up to the end.

## 'Mod' Epps looks at No. 1

Omar Epps is currently starring in "The Mod Squad," but he has his eye on a role that would give him even more exposure.

"Watch, I'm going to be the first black president of the United States," he predicts. "If Reagan can do it, I know I can."

Epps, 25, isn't short on ambition: He has a rap album scheduled for release later this year. He is also directing music videos and writing scripts for TV development.

His 10-year plan is a formidable one. "I'll be a conglomerate. I'll have my multimedia company running. I'll be the new Miramax.... So by the time I turn about 45 or 50, I'll run for president," he said.

Given Epps' track record, he has a pretty good shot at accomplishing his goals. A graduate of New York's prestigious High School of Performing Arts, Epps drew early acclaim in "Juice," co-starring Tupac Shakur, and followed by "The Program," "Major League II," and "Higher Learning," directed by John Singleton.

He gained more fans with his role in "Scream 2."

But Epps hit big with his role as Linc in the film "The Mod Squad," a remake of the popular TV series that ran from 1968 to 1973. The film, co-starring Claire Danes and Giovanni Ribisi, remains true to the premise of the original series.

Three juvenile delinquents given a second chance by working with the police department—but with a '90s spin.

Epps recently completed filming for "Breakfast of Champions," based on the novel by Kurt Vonnegut and starring Bruce Willis and Nicki Katt. He is also among a group of young actors, including co-star Ribisi, featured on the cover of the April issue of Vanity Fair magazine.

How is your Linc different from the 1970s version played by Clarence Williams III?

Epps: Clarence Williams' Linc was an icon, and you really can't prepare for that; you're already stamping in a character. So all I could do is open him up, and that's exactly what I wanted him to do, just let him be a bit more colorful, maybe smile a bit more. But there weren't very many

opportunities because he's written like he's a certain guy. And when I watch the old stuff, I just try and keep the nuances of the character, and just take the rest from there.

What drew you to wanting to do a remake of a TV series?

Epps: It was a great idea, but what got me excited was once Claire and Giovanni were attached. The opportunity to work with them, that's what put it over the top. We respected one another's differences, and we see eye to eye, and we just naturally got along, and you don't get that often. When you get that, it's like 90 percent of your work is done by showing up on the set.

What sparked your interest in acting?

Epps: It all spawned from writing, because I was a writer since I was 8—poetry, plays, screenplays, love letters, music, whatever. Being a writer, acting came from just trying to emote off of the paper, and once I found a stage, that was it.

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Cahokia Goodwill Center, 1040 Camp Jackson Road.  
Register at 9 a.m., Monday, May 17, in the career center lobby.  
Class meets from 9 a.m. to 12:50 p.m., weekdays, from May 17 to June 11.

Centerville City Hall, 5800 Bond Ave.  
Register at 11 a.m., Monday, May 17, in the city hall lobby.  
Class meets from 11 a.m. to 2:50 p.m., Monday-Thursday, from May 17 to June 10.

East St. Louis Community College Center, 601 James R. Thompson Blvd.  
Register at 9 a.m., Monday, May 17, in Room 1006.  
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BAC's Granite City Campus, 4950 Maryville Road.  
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Helen Davis Family Center, 109 N. 13th St.  
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BAC's Granite City Campus, 4950 Maryville Road.  
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BAC's Red Bud Campus, 500 W. South Fourth St.  
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Elden Henson, Seth Green, Vivica A. Fox, Devon Sawa and Jessica Alba star in "Idle Hands."

## 'Idle Hands' isn't worth admission; warn others, too

By Brian Kaller  
Staff writer

Think back to a really bad movie you've seen. A movie with acting broader than in a silent movie. A movie where

### REVIEW

the characters are distasteful losers without motivation, wit, intelligence or understandable qualities. A movie whose only surprises lie in seeing how stupid the next scene can be. Now add gore. Add scenes of blood splattering on walls, of severed hands exploding in microwaves, of young girls being shredded in giant fans, of policemen's heads being impaled on needles. For 90 minutes.

Now you have "Idle Hands," which beats out "The Rage: Carrie Part 2" to become the current and hopefully final contender for worst movie of the year. In the first scene, a husband and wife are awakened by noises in their house and go to investigate. The dialogue and expressions were silly beyond parody, but I kept my hopes up: perhaps this was going to be an enjoyably silly farce, like "The Ghost Breakers." Then the couple died screaming in a thick spray of blood and gore, and my heart sank.

The plot, if you really need to know, involves Anton Tobias (Devon Sawa), the couple's son, who wanders out bed the next morning and goes through his day oblivious to the corpses and blood in his house.

He eventually realizes his hand has become possessed and is killing people, after he has massacred all of his friends and their corpses have come back to life and... oh, never mind, it doesn't make sense anyway. Did I mention this is supposed to be a comedy?

Many films have used dramatic violence to great effect. You can make a fine movie that combines violence and black humor, like "Pulp Fiction" or the current release "Blood Guts Bullets and Octane." But the violence has to have some function other than to nauseate. The movie has to have understandable characters, wit, genuine suspense... something. This movie has nothing.

I could blame the studios that perpetrated this mess, but they are simply run by businessmen, who stay in business making the movies people go to see.

My question is: What sick minds want to see this movie? Every year, dozens of fine independent films and family films come and go unnoticed while millions flock to slasher movies. Why? Avoid any theater that shows this movie. Save yourself. Warn others.

## Horoscope

**WEDNESDAY, MAY 12**  
The Aries moon encourages us to go for it, no matter what the cost. It's easy to jump off the diving board — just be sure to look down first and take note of what you're getting yourself into. In matters of love, apply the same principles as you would in business: move deliberately, communicate your expectations, and have fun.

**TODAY'S BIRTHDAY (May 12).** A bold step into the unknown provides the adventure you've been longing for. Working on a relationship leads to more happiness. June brings lovely new places and relationships. A lover may persuade you to settle down in August. This year could bring in more money than you planned. Save it. You'll need it for all of the exciting plans in the next 20 months.

**ARIES (March 21-April 19).** Your body image and health are priorities today. Unproductive relationships should be replaced with more satisfying ones. A touchy situation with a neighbor is relieved with an invitation to an outdoor or sporting event.

**TAURUS (April 20-May 20).** Logic will get you what you want, even in matters of the heart. Speak with partners about finalizing business deals. Collect data on a regarding community events, as it will prove useful in the near future.

**GEMINI (May 21-June 21).** A short romance has ended, but friendship comes out of it. Develop a regimen for exercise, or begin studying an athletic sport. Friends who know you need a break interrupt your hectic schedule.

**CANCER (June 22-July 22).** Your intuitions are correct. Show some style, and don't fade into the woodwork. Challenge authorities and rules — you'll dominate. Your discipline wanes later, so don't overindulge, or at least don't get caught doing it.

**LEO (July 23-Aug. 22).** Exciting advances are made in your personal life. A family get-together is the perfect place to make an announcement of major future.

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plans. A recent split is only temporary. Use your creative energy tonight to attract followers.

**VIRGO (Aug. 23-Sept. 22).** It's easy to speculate on other people's plans, but difficult to pin down your own. Remarriage or a drastic move is on your mind. Instant professional recognition arrives through controversial statements. Be firm with a child.

**LIBRA (Sept. 23-Oct. 23).** Stick to the schedule, and you meet every deadline. A business proposition has extremely lucrative possibilities. A spouse or lover makes a sacrifice on your behalf. Spruce up your house or wardrobe with extra money.

**SCORPIO (Oct. 24-Nov. 21).** Now that you're on solid financial ground, your love affair may feel a bit shaky. Discuss differences calmly without making accusations. Relatives consult you before making a purchase. Get some rest tonight.

**SAGITTARIUS (Nov. 22-Dec. 21).** A would-be lover asks you to abandon the cares of the workaday world for a while. A change of pace gives you new energy. Allow yourself to splurge on a special treat. Interviews and meetings go quite well now.

**CAPRICORN (Dec. 22-Jan. 19).** You recover from a late start if you organize your time wisely. Do a favor for a former employer or supervisor. Let a spouse or lover cry on your shoulder. Weigh intelligence more heavily than experience when hiring someone.

**AQUARIUS (Jan. 20-Feb. 18).** Art, music or literature affects you profoundly. You are more emotional than usual during a confrontation. Lean on a spouse or lover in a stressful time. Embarking on a new project is more expensive than you first thought.

**PISCES (Feb. 19-March 20).** You must be the impact when your timing is right. Run an errand for a spouse or lover this afternoon. Pay a bill in its entirety. A new possession absorbs much of your time and attention. Keep a promise to your family.

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## Movie schedules

Film timetable for Wednesday, May 12. For times on other days or to confirm these times, check local theaters.

### CARMIE PETITE

170 and Hwy. 157, Collinsville, Ill.  
344-708

Life (R) 7:15, 9:35  
Entrapment (PG-13) 7:05, 9:40  
The Mummy (PG-13) 7:00, 9:45  
Out Of Towners (PG-13) 7:10, 9:50

### EASTGATE CINE

Eastgate Plaza, E. Alton, Ill., 254-5289

The Matrix (R) 4:10, 7:30  
10 Things I Hate About You (PG-13) 4:50, 7:20  
Never Been Kissed (PG-13) 4:30, 6:50  
The Mummy (PG-13) 4:00, 7:00  
Life (R) 4:40, 7:15  
Entrapment (PG-13) 4:20, 7:10

### COTTONWOOD EDWARDSVILLE CINEMA

Edwardsville, Ill., 656-6390

Shakespeare in Love (R) 7:00  
Doug's First Movie (G) 6:45  
Baby Geniuses (PG) 7:15

### LINCOLN THEATER

103 E. Main, Belleville, Ill., 233-0123

She's All That (PG-13) 7:15, 9:20  
The Faculty (R) 7:05, 9:15  
True Crime (R) 7:00, 9:30

### NAMEOKI CINEMA

30 Nameoki Village, 877-6630

Raid From The Past (PG-13) 7:15  
8 MM (R) 7:00

### O'FALLON 15 CINE

1320 Central Park Dr., O'Fallon, Ill., 822-4900

Pushing Tin (R) 1:35, 4:20, 7:00, 9:45  
Forces Of Nature (PG-13) 2:00, 4:20, 7:05, 9:20  
Ed TV (PG-13) 1:05, 5:45  
Cruel Intentions (R) 3:30, 8:15  
Life (R) 1:30, 4:15, 7:00, 9:30  
Entrapment (PG-13) 12:50, 3:10, 5:35, 8:10  
Never Been Kissed (PG-13) 1:55, 4:15, 7:20, 9:45  
Pushing Tin (R) 2:30, 4:50, 7:15, 9:35  
Twin Dragons (PG-13) 1:00, 3:00, 5:10, 7:15, 9:15  
Life Is Beautiful (PG-13) 1:30, 4:15, 7:15, 9:50  
Shakespeare in Love (R) 1:53, 4:30, 7:10, 9:50  
The Other Sister (PG-13) 2:10, 4:50, 7:40

### ARNOLD 14 CINE

1412 Richardson Rd., 822-4900

10 Things I Hate About You (PG-13) 1:20, 4:20, 7:30, 9:45  
The Mummy (PG-13) 12:55, 4:20, 7:10, 9:45  
The Mummy (PG-13) 2:30, 5:35, 8:30  
Lost And Found (PG-13) 1:50, 4:50, 7:50, 9:50  
Entrapment (PG-13) 1:00, 4:00, 7:00, 9:50  
Entrapment (PG-13) 2:00, 5:00, 8:00  
Out Of Towners (PG-13) 2:10, 4:35, 7:25, 9:55  
Analyze This (R) 1:45, 4:05, 7:20, 9:40  
The Matrix (R) 12:50, 4:10, 7:10, 9:15  
Life (R) 12:45, 4:30, 7:05, 9:30  
Forces Of Nature (PG-13) 2:20, 5:15, 7:40, 9:50  
Never Been Kissed (PG-13) 1:15, 4:15, 7:15, 9:40  
Shakespeare in Love (R) 2:40, 5:30, 8:10

### CHASE PARK PLAZA CINEMA

Kingshighway & Lindell, 367-0101

Pushing Tin (R) 2:00, 4:15, 6:45, 9:00  
Cookie's Fortune (PG-13) 2:15, 4:45, 7:05, 9:25  
The Mummy (PG-13) 1:30, 4:10, 6:55, 9:20  
Election (R) 1:45, 4:30, 7:00, 9:30  
Entrapment (PG-13) 2:30, 5:00, 7:30, 9:45

### CHESTERFIELD

591 Chesterfield Mall, 532-0155

Out Of Towners (PG-13) 4:30, 7:00  
Forces Of Nature (PG-13) 5:00, 7:30  
Life (R) 5:10, 7:35  
10 Things I Hate About You (PG-13) 4:45, 7:15

### CLARKSON 6 CINE

1785 Clarkson Road, 822-4900

Entrapment (PG-13) 4:40, 7:15  
Never Been Kissed (PG-13) 4:50, 7:20  
Lost And Found (PG-13) 5:00

### CRESTWOOD PLAZA 10

248 Crestwood Plaza, 868-8500

Pushing Tin (R) 1:35, 5:30, 8:10  
Lost And Found (PG-13) 2:15, 5:50, 8:20  
Cookie's Fortune (PG-13) 2:05, 5:30, 8:05  
Life (R) 1:45, 5:45, 8:00  
Doug's First Movie (G) 2:10, 5:35  
Go (R) 8:05  
Entrapment (PG-13) 1:30, 5:25, 8:30  
Entrapment (PG-13) 5:00, 7:45  
October Sky (PG-13) 2:00, 5:00, 8:30  
Analyze This (R) 1:50, 5:55, 8:25  
Shakespeare in Love (R) 1:55, 5:40, 8:15

### CREVE COEUR CINE

10570 Old Olive Street Road, 822-4900

Out Of Towners (PG-13) 4:45, 7:00  
Analyze This (R) 4:30, 6:45  
Rushmore (R) 4:35, 6:50

### DES PERES 14 CINE

Manchester & I-270, 822-4900

Never Been Kissed (PG-13) 1:10, 4:10, 6:45, 9:05  
Idle Hands (R) 1:30, 4:15, 7:15, 9:20  
Life (R) 1:20, 4:00, 7:00, 9:30  
Cookie's Fortune (PG-13) 1:25, 5:10, 7:50  
Election (R) 1:00, 4:45, 7:10, 9:30  
Entrapment (PG-13) 1:00, 4:00, 7:00, 9:50  
Entrapment (PG-13) 1:45, 5:00, 8:00  
The Matrix (R) 1:15, 4:30, 8:15  
Analyze This (R) 1:35, 5:30, 8:30  
10 Things I Hate About You (PG-13) 1:40, 5:20, 8:20  
Forces Of Nature (PG-13) 1:05, 5:15, 7:45  
Out Of Towners (PG-13) 1:45, 5:20, 8:10  
The Mummy (PG-13) 1:00, 4:00, 7:00, 9:45  
The Mummy (PG-13) 2:15, 5:15, 8:30

### ESQUIRE CINE

6706 Clayton Road, 781-3300

Check theater for shows and times

### EUREKA 6 CINE

89 Hilltop Village Center, 822-4900

The Matrix (R) 4:30, 7:10  
Entrapment (PG-13) 5:00, 7:30  
Lost And Found (PG-13) 5:10, 7:15  
Never Been Kissed (PG-13) 4:40, 7:00

### THE MUMMY (PG-13) 4:50, 7:20

Life (R) 5:20, 7:40

### GALLERIA 6

30 St. Louis Galleria, 721-8722

Analyze This (R) 5:50  
Pushing Tin (R) 5:50, 8:00  
Out Of Towners (PG-13) 1:35, 5:00  
Election (PG-13) 1:50, 5:45, 8:10  
Idle Hands (R) 1:40, 5:15  
Go (R) 5:35  
Never Been Kissed (PG-13) 2:00, 5:25, 7:50  
Doug's First Movie (G) 1:30, 3:30  
10 Things I Hate About You (PG-13) 5:30, 7:45

### HALLS FERRY 14 CINE

2800 Target Drive, 822-4900

The King And I (G) 5:25  
Lost And Found (PG-13) 8:15  
The Matrix (R) 5:00, 7:50  
The Mummy (PG-13) 5:25, 8:00

### Life (R) 5:05, 7:30

Life (R) 5:55, 8:10

### 10 Things I Hate About You (PG-13)

5:30, 7:45

Foolish (R) 5:05, 7:05

Foolish (R) 5:45, 8:05

Entrapment (PG-13) 5:20, 8:00

The Corruptor (R) 5:25, 8:20

Twin Dragons (PG-13) 5:10, 7:20

Baby Geniuses (PG) 5:40, 7:40

Idle Hands (R) 5:20, 7:35

Doug's First Movie (G) 5:15, 7:15

H-POINTE

1001 McCausland, 781-0800

Check theater for shows and times

### JAMESTOWN 14 CINE

209 Jamestown Mall, 822-4900

The Out Of Towners (PG-13) 1:30, 5:05, 7:20, 9:25

Analyze This (R) 1:15, 4:45, 7:10, 9:20

### Forces Of Nature (PG-13) 1:25, 5:10, 7:35, 9:55

Doug's First Movie (G) 1:00, 5:00

Ed TV (PG-13) 6:10

Entrapment (PG-13) 1:05, 4:05, 7:00, 9:15

Entrapment (PG-13) 2:50, 5:05, 8:00

The Mummy (PG-13) 1:30, 4:40, 7:25

The Mummy (PG-13) 2:30, 5:40, 8:25

Never Been Kissed (PG-13) 1:00, 4:40, 7:10, 9:20

10 Things I Hate About You (PG-13)

1:45, 4:55, 7:25, 9:30

Baby Geniuses (PG) 1:35, 4:35

Pushing Tin (R) 8:20

Idle Hands (R) 1:10, 5:30, 7:40, 9:35

Lost And Found (PG-13) 1:40, 4:40, 7:05, 9:10

The Matrix (R) 1:15, 4:00, 8:05

KELLER PLAZA 8 CINE

Lemay Ferry & Mehl Avenue, 822-4900

### The Other Sister (PG-13) 4:40, 7:40

Analyze This (R) 4:55, 7:15

The King And I (G) 4:30

Go (R) 7:05

Pushing Tin (R) 4:30, 7:00

Forces Of Nature (PG-13) 4:30, 7:00

Life (R) 5:50, 7:30

Lost And Found (PG-13) 5:10, 7:30

Entrapment (PG-13) 4:45, 7:15

KEWICK 5 CINE

7505 Watson Road, 822-4900

The Mummy (PG-13) 1:20, 4:00, 7:00, 9:45

The Mummy (PG-13) 2:00, 5:00, 7:45

Election (R) 1:30, 5:00, 7:20, 9:25

The Matrix (R) 1:15, 4:05, 7:05, 9:45

Never Been Kissed (PG-13) 1:50, 4:35, 7:40, 9:55

Out Of Towners (PG-13) 2:00, 5:15, 7:10, 9:20

10 Things I Hate About You (PG-13)

### 1:30, 5:00, 7:20, 9:25

Idle Hands (R) 1:35, 4:30, 7:15, 9:15

### KIRKWOOD CINEMA

338 S. Kirkwood Road, 865-1161

Walking Ned Devine (PG) 4:00, 8:20

Tango (PG) 8:00

A Walk On The Moon (PG-13) 4:30, 7:30, 9:15

LINDENBERG 8

7545 S. Lindbergh, 822-4900

The Prince Of Egypt (PG) 5:30

Stepmom (PG-13) 7:45

Message In A Bottle (PG-13) 5:00, 7:40

A Bug's Life (G) 5:30

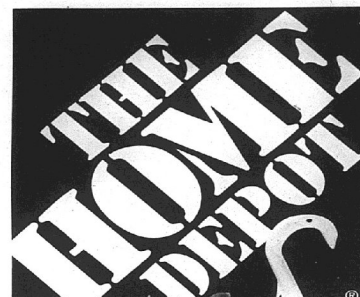
Blast From The Past (PG-13) 8:00

The Mod Squad (R) 5:20

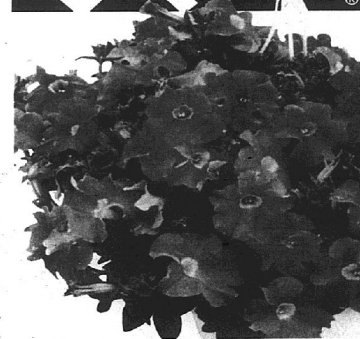
Patch Adams (PG-13) 7:35

True Crimes (R) 4:55, 7:35

You've Got Mail (PG) 5:05, 7:55

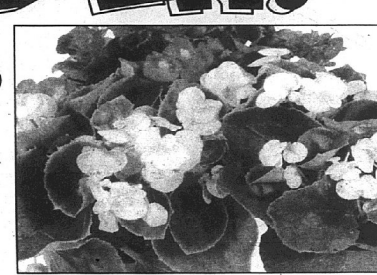


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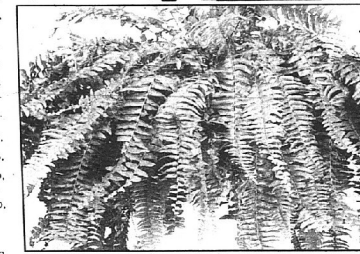


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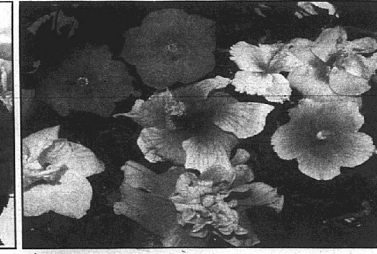
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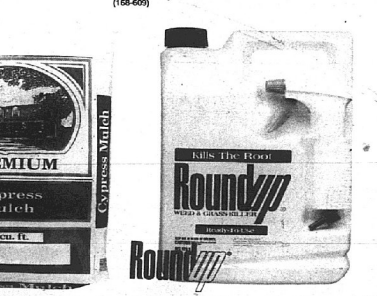
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## News

# Select travel agent for your cruise vacation of lifetime

Professional outside help makes planning easier

Attention to cruise details by a travel agent can make the difference between a fantastic voyage or a nightmare on the water.

Tropical beaches, exotic ports, gourmet dining... sunny days and starry nights of pure hedonistic pleasure... no ringing telephones, no responsibilities, no problem, no doubt. You're cruising!

You've heard the rapturous ravings of friends who've taken the plunge aboard one of the luxurious floating pleasure palaces; but it's still hard to imagine spending an entire week aboard a ship. How do you plan for seven days at sea? What should you pack? What amenities can you expect?

How do you select a cruise line? What travel agent is best for you?

Following are some tips to help you plan the perfect cruise.

Experience is the best travel agent.

Unless you know all the idiosyncrasies of the various cruise lines that ply the waters of the Caribbean or other destinations, the best advice is to find a travel agency that can book you on a number of cruises, but unless you know which cruise lines do a good job and which ones to avoid, it's better to let experienced professionals plan your trip.

A good travel agent will listen to what kind of cruise vacation you want, including all the details that need to be addressed to customize your trip. That information can be matched with one or more of thousands of destinations and itineraries, and dozens of different cruise lines.

Attention to cruise details by a travel agent can make the difference between a fantastic voyage or a nightmare on the water. Here are some of the details your travel agent should discuss with you before booking a cruise vacation:

Selecting a cruise line. With the increasing popularity of cruising vacations, there are a variety of options available. Some lines cater to families with programs to keep children

entertained while their parents play. Some appeal to young singles or couples, with activities geared to energetic cruisers who want round-the-clock partying. Others offer entertainment to appeal to an older crowd, who may prefer a wine-tasting party to beach volleyball.

Selecting the cruise. Destination is your first consideration. Do you want to ply the coastal waters of Alaska or the balmy seas of the Caribbean? Do you want to take a themed cruise, where you can meet your favorite baseball players, attend lectures by a noted historian or listen to the nostalgic sounds of the Big Band era? Do you just want a sampling — a three- or four-day excursion — or do you want to go full-throttle, a seven, 10 or 14 day cruise vacation?

And then, of course, there's price, which varies almost as much as destinations. Once you've decided what you want, shop for the best bargain.

What to pack. Most cruise lines have at least two formal nights, and some have three. If you love to dress up, but seldom have the opportunity to wear something really outrageously dressy, this is your chance. Women may choose long, elegant gowns; slinky, sequined slips, or conservative, tailored suits; all are appropriate for formal nights.

For men, it's tuxedos, suits or appropriate sport jackets, with ties, of course. For informal nights, it's dresses or pantsuits for women; slacks, collared shirts and sport coats for men. Daywear consists of shorts, slacks, sundresses and swimsuits. Port wear can be

casual, but appropriate for the destination.

Comfortable walking shoes are a must; and be sure to pack a sweater or jacket for those chilly tropical nights.

Amenities available. There is a vast difference in the type, size, location and price of cabins available. If you crave a luxurious suite with a picture window and sitting room and veranda, and you're willing to pay the price, you can get it.

If you don't plan to be inside your cabin except to sleep, shower and dress, you might choose a small, inside cabin at about half the price.

Entertainment opportunities. Eating is a preoccupation for many cruisers. Yes, it's true; you can eat 24 hours a day and it's all wonderful, but there is more to cruising than cuisine.

You can gamble in the casino, work out in the fitness center or soak up some sun by the pool. You can compete in a table tennis tournament, take dance lessons, play bingo or just curl up with a good book in the ship's library. You can relax in a piano bar before dinner and enjoy a live stage performance afterward. You can dance until 3 a.m. or watch a movie in the ship's theater.

But don't miss the midnight buffet. Even if you can't eat a bite, it's worth seeing.

When you're in port, several group excursions are available: sightseeing and shopping, visits to historical spots, skin or scuba diving and many more, depending on the port. Cost is about \$35 to \$95 per person.

If you'd prefer to explore on your own, cabs and tour guides are available at every port.

## Labyrinths make weddings different

Kary Harkin and David Stickney walked a winding path from a beach house in Fairfield, Conn., meeting each other and sharing their wedding promises in the midst of a gathering of 70 guests. Then, the newly united couple retraced their steps as the sun set over Long Island Sound.

It's not as New Age as it may sound, the Stickneys were approximating a centuries-old spiritual ceremony of following pavement labyrinths in cathedrals, a symbolic pilgrimage to the Holy Land. Though most couples take an unswerving march down the aisle, some, like the Stickneys, have plotted a more circuitous route — perhaps echoing the course of intimate relationships.

The practice started in the Middle Ages when the Crusade was prevented ordinary religious pilgrims from making a literal trip to the Holy Land. A pilgrimage was symbolized by serpentine lanes laid out around the floor of Chartres

and many other cathedrals and churches of the period. Typically, the designs were a series of 11 (or sometimes seven) concentric pathways with a petal-shaped center. They led the traveler through many turns but to no dead ends; all had only one path which led first into a center "chamber," then out again.

Labyrinth paths are now found in canvas form at the Stickneys' church, the First Presbyterian Church in New Canaan, Conn., created by a group called the Labyrinth Project of Connecticut. The bride's parents were involved in the group, and the groom's parents also were in a local meditation group.

At the wedding in May, 1995, the bride and groom each made their way around the three-circuit pattern into the center.

"Our friends read meaningful passages," says Harkin. "My best friend read from 'The Velveteen Rabbit.' It was really hard for me,

because I wanted to backtrack around the labyrinth and hug her. I realized I was walking away from my single life, but I had to go on and meet up with David." The symbolism was really moving, and I wanted to cry.

Waiting for her at the center was the groom, about to recite a ring ceremony he had written.

"What I liked best is that with the guests surrounding the labyrinth, we could see everyone, and everyone could see us," Stickney says.

The pair made their way from the center to make the circuit around the path to the opening, where Curry, an ordained non-denominational minister, was waiting to administer the wedding vows.

Then the canopies were rolled up and stored so there would be room for eating, dancing and celebration.

"Our friends said it was the best wedding ever," Harkin says.

— Associated Press

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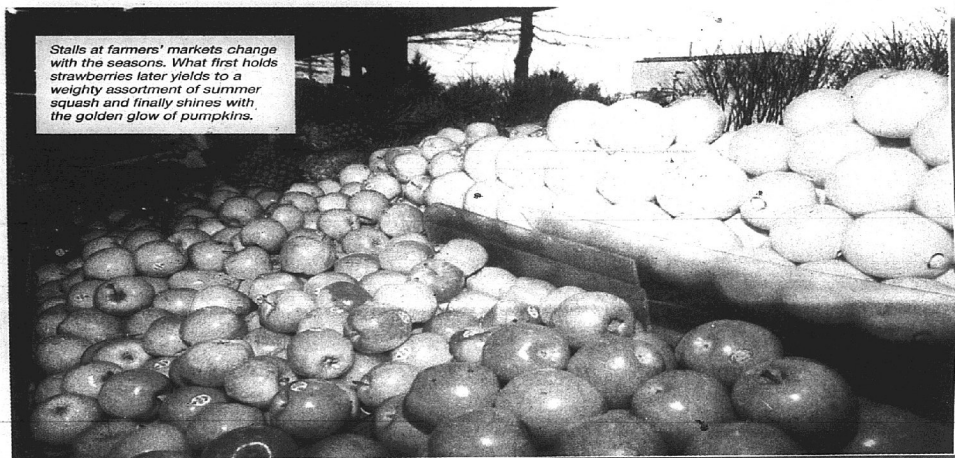
# Today's Food

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Wise Ways  
Berries stem  
adversity

See Page 2

## To Market... To Market...



Stalls at farmers' markets change with the seasons. What first holds strawberries later yields to a weighty assortment of summer squash and finally shines with the golden glow of pumpkins.

—Photo of Kirkwood Farmers' Market by Rick Graefe

## Local produce just down the road

Homegrown produce lures the lover of spring greens, summer beans and berries and autumn apples to join the tasty and aromatic experience of fruits and vegetables grown by farmers nearby. As the seasons flow, sometimes those fields actually beckon the observer to get close to the soil to pick an assortment of foods that seem to taste better because a person's own hands helped bring them to the table.

As a starting reference, University Outreach and Extension (University of Missouri system), University of Illinois Extension and Suburban Journals have compiled a list of farmers' markets, roadside stands and u-pick farms in the readership areas of Today's Food. For those who want more specific information about times of operation, special products and events at these locations in Missouri and Illinois, the Wise Ways column staff offers a booklet with more than 70 entries through Extension offices.

Missouri consumers can send \$2 in check to: "To Market" Brochure, Missouri Extension, 121 South Meramec, Suite 501, Clayton, Mo. 63105. Illinois readers can send \$2 for a copy from: "To Market" Brochure, University of Illinois Extension, 200 University Park, Edwardsville, Ill. 62025-3649.

See TO MARKET, inside TODAY'S FOOD Page 2

## Food & Nutrition

### Heart-y Bites

Asparagus is today's fresh pick.  
INSIDE

### Blue Ribbon Cook

Fruity muffins give incentive for a sweet snack.  
INSIDE

### Test Run

The frozen food aisle holds a last-minute dinner invitation. Just add meat or shrimp to a world of flavorful noodles, rice, vegetables and seasonings in bags.  
INSIDE

### Micro Raves

Party foods graduate.  
INSIDE

### Lively Taste

Almost every Indian meal includes chutney. Ginger, green chiles, nuts and a variety of fruits and vegetables, plus spices like cumin and black mustard seeds, encourage digestion. Fresh ones usually are sweeter. Spread this chutney on a sandwich instead of mayonnaise to add color, flavor and no fat. Mix 1 small onion, halved and thinly sliced; 1 clove garlic, chopped; 6 ounces dried apricots, coarsely chopped; 1/2 cup packed light brown sugar; 1/2 cup white vinegar; 1 tablespoon lime juice; 1 tablespoon chopped ginger root and 1/2 teaspoon chopped coriander. Add 1 cup apple juice. Bring to a boil. Reduce heat to a simmer. Cook 20 minutes or until apricots are soft and mixture thickens significantly. Cover tightly and refrigerate two or three days before using. This mixture keeps up to 1 month.

## Health & Fitness

### Medicine Chest

A recent study published in the American Journal of Hypertension found 30 patients under-reported their blood pressure 36 percent of the time and over-reported it 9 percent of the time. Accurate readings taken from home machines must be provided to the doctor to get the best care. If in doubt, have a doctor's office or pharmacy check the home machine.

### Kids' Cuisine

When it comes to tooth decay, timing may be as important as the type of food eaten. Sticky foods, like caramel rolls or a gooey candy bar, are big culprits. Prolonged exposure to sugar causes bacterial growth in plaque, a soft and almost invisible bacterial film that coats teeth. Thus, a bowl of sugary cereal for breakfast, followed by a thorough tooth brushing, can be less harmful than a chewy candy bar several hours before the next brushing.

### Fresh Picks

To cut an onion with fewer or no tears shed for it, refrigerate the onion a few hours (no more) before cutting. Cut off the top first, peel down outer onion skin, then leave the root end intact while cutting. Keeping the root end intact reduces release of sulfuric compounds that, combined with water in the eye, can cause tears.

### Big Fat Tip

Pretzels contain about 1/10 the fat in most potato chips, but sodium content from salt is the same or higher. If sodium limits are a problem, look for unsalted pretzels for a healthy snack.

### Future Shop

Fresh fruits and vegetables should be rinsed thoroughly in running cold water. No major government or academic group has found evidence that washing in detergent adds health benefits. Some research points out detergents leave a slight residue, which may be safe on dishes but has not passed safety tests for human consumption.





# Take trip to 'farmacy' to relieve symptoms of unhealthy eating

By Cynthia Fauser  
Correspondent

Do a good deed for your family and yourself. Take a field trip together. A visit to a pick-your-own farm is a great way to enjoy time together, soak up fresh air and sunshine, get a little exercise and enjoy the health benefits of fresh fruits and vegetables. Farmers' markets and roadside stands are another way to buy from local growers. It is an opportunity to know someone who helps produce the food you eat, an unusual experience for many people in today's world.

Once home, involve the

kids in the preparation. Washing, trimming and transforming fruits and vegetables from produce into dinner, salad or dessert is a learning activity for them. This is the time to show how to handle kitchen utensils safely, keep food clean and safe, and to teach simple food preparation skills and nutrition concepts.

Not surprisingly, kids encouraged to be involved in growing, selecting and preparing fruits and vegetables are more likely to eat them. Who else will expose their world of choice beyond french fries? Besides flavors to tempt all taste buds, fruits and vegetables have much to offer for good health. They are high in fiber, low in fat,

nutrient dense — among the few foods you are encouraged to eat more of.

Fruits and vegetables also contain phytochemicals, which are strongly implicated in preventing chronic diseases, including numerous cancers, heart disease and high blood pressure.

Fresh fruits and vegetables offer what supplements cannot. They blend health-promoting phytochemicals, vitamins, minerals and fiber in a satisfying, pleasurable package. They are full of surprises awaiting discovery. They offer many benefits in a single package than a combination of pills are prescribed to do.

Choose a colorful plate of fruits and vegetables.

Deep red, orange, green, blue and purple please the eye and protect the body. The more colorful and varied the choices, the greater the nutrition.

Color is an especially good indicator of those rich in phytochemicals, such as lycopene (tomatoes), recently noted for a role in protecting against prostate cancer. Lycopene, along with zeaxanthin (berries) and lutein (spinach) also may help protect eyes from cataract and macular degenerative disease.

Today's recipe combines spinach and strawberries in a spring salad. Adding a few tablespoons slivered ham and a whole grain roll transforms it from side salad to a light main dish. Pick the spinach your-

self or pick up a bag. Either is a healthy choice. Registered dietitian Cynthia Fauser is nutrition specialist for University Extension (University of Missouri system) in St. Louis County.

## SPINACH AND STRAWBERRY SALAD

1/2 cup cider vinegar  
1/2 cup sugar  
1/4 cup oil  
1/2 tsp. salt  
1/4 tsp. dry mustard  
1 bag (10 oz.) fresh spinach  
1 cup sliced strawberries  
1/2 red onion, thinly sliced (optional)  
1/2 cup (2 oz.) shredded Swiss cheese  
1/2 cup toasted pecans

Combine vinegar, sugar, oil, salt and dry mustard in jar with lid. Shake vigorously.

Toss spinach, strawberries, onion and cheese with dressing. Sprinkle with toasted pecans. Makes 4 to 6 servings; 393 calories, 7 g protein, 35 g carbohydrate, 27 g fat, 361 mg sodium and 4 g dietary fiber each, based on 4 servings.

## To Market

Continued from page 1.

This listing comes from the "To Market..." booklet compiled by the Wise Ways to Farm program providers: University Outreach and Extension (University of Missouri system) and University of Illinois Extension Service — and Suburban Journals.

It contains basic services offered: U — pick or pick-your-own, M — farmer's market or roadside stand, O — organic certified. It also lists some of the produce offered. All Missouri area codes for telephone numbers are 314, unless otherwise listed. In Illinois, the telephone prefix is 618. The "To Market..." booklet contains more detailed information, including which days of the week they operate, directions, and specialty products and services available.

Because hours of operation vary and produce follows whims of nature, it is wise to call ahead for availability, particularly for U-pick operations and for particular vegetables and fruits. Some markets and farms have a recording listing picks of the day.

### MISSOURI

**FRANKLIN COUNTY**  
**Dethage Farms (M):** 102 Third St., Labadie, 742-2104; tomatoes, squash, cucumber, eggplant, beans, garlic, pumpkins, seasonal vegetables; late June to fall.

**Engelhart Farms (M):** 2930 West Osage, Pacific, 742-4047; beans, cucumber, eggplant, lettuce, peppers, squash, tomatoes, potatoes, pumpkins, apples, turnips, bedding plants, gourds, ornamental corn; April 1 to Oct. 31.

**Happy Apple (M):** Highway 47, P.O. Box 331, Washington, 563-5000 or (800) 322-7753; apples, pumpkins; August to October.

**Washington Trail Gate Market (M):** 323 W. Main St., Washington, 239-2715; vegetables, herbs, fruits, flowers, bedding plants; May through October.

**JEFFERSON COUNTY**  
**Bellew's Creek Farm (O):** 805 Highway BB, Hillsboro, 274-7236; O — by subscription, tomatoes, eggplant, cucumbers, carrots, squash, melons, hot and sweet peppers, potatoes, sweet potatoes, garlic, gourmet greens; March through October.

**Buettner's Plants and Produce (M):** 5821 Old Lemay Ferry Road, Imperial, 942-3829; apples, peaches, beans, cabbage, peppers, onions, okra, eggplant, squash, sweet potatoes, tomatoes, turnips, watermelon, plants; March through last weekend in October.

**LINCOLN COUNTY**  
**East-Central Missouri Farmers' Market (M):** Kelly Klobner/University Outreach and Extension, 136 Zumwalt Road, Silcox, (573) 485-7261; April through November.

**Pavetta Orchards (M,U):** 626 Ridge Road, Troy, 462-4265; apples; Last week in August to Nov. 1.

**Sugar Grove Growers (M):** 880 E. Cherry, Troy, 528-6336;

apples, nectarines, peaches, pecans, walnuts, asparagus, beans, beets, broccoli, Brussels sprouts, cabbage, melons, tomatoes, popcorn, potatoes, peppers, onions, okra, corn, other seasonal vegetables; year-round.

**ST. CHARLES COUNTY**  
**Acme Produce Inc. (M):** 3742 Harvester Road, St. Charles, 936-8442; corn, tomatoes, melons, peaches, apples, pumpkins, bedding plants.

**Centennial Farms (M,U):** 199 Jackson St., Augusta, 228-4339; apples, peaches, berries, plums, beans, melons, pumpkin, potatoes, squash, corn, tomatoes, grapes, garlic, okra, bedding plants, ornamental corn, vegetable plants; April through December.

**Femme Osage Apiary (M):** 1407 Sneak Road, Foristell, 398-5014; honey, beeswax, pollination; call first.

**Charles Farmers' Market (M):** 2404 Westport, St. Charles, 926-3313; opens in May.

**Wilkey Products (M):** 2015 S. Old Highway 94, St. Charles, 946-0796; tomatoes, corn, green peppers, cucumbers, okra, green beans, beets, squash, melons, pumpkins, gourds; July 1 to Nov. 1.

**Wind Ridge Farm (U):** Highway F south of Highway D, New Melle, 398-6753; peaches, blackberries, blueberries, May 15 to June 5, peaches July 10 to mid-July, peaches mid-July to early August; call ahead.

**ST. FRANCOIS COUNTY**  
**Bonne Terre Orchard (M):** 7301 Stormy Lane, Bonne Terre, (573) 358-3886 (orchard); (573) 358-2255 (office); strawberries May 15 to June 5, peaches July 10 to Aug. 1, red raspberries Aug. 15 to frost, apples Sept. 1 to Oct. 31, pumpkins Oct. 1 to 31.

**Hartke Nursery Community Betterment Farmers' Market (M):** 9 Bennett St., Park Hills, (573) 431-3577; May through September.

**STE. GENEVIEVE COUNTY**  
**St. Genevieve County Farmers' Market (M):** 21008 Highway 32, Ste. Genevieve, (573) 883-5866 (work), (573) 883-5196 (home); May through October.

**ST. LOUIS CITY**  
**St. Louis Farmers' Market (M):** 730 Carroll St., St. Louis, 622-4180; year-round.

**ST. LOUIS COUNTY**  
**Arnold's Home Grown Produce (M):** 6106 N. Highway 67, Florissant, 741-0319; seasonal crops, from rhubarb, spinach, greens, lettuce in spring to pumpkins and fall greens; May 1 to Dec. 15.

**Dianne Harry (U):** 12836 Bellefontaine Road (north), 355-4803; blackberries; mid-July to end of August.

**Hartke Nursery (M):** 1039 N. Warsaw Road (west), 997-6679; tomatoes and corn, other fruits and vegetables; early July through September.

**Herman's Farm Orchard (M,U):** 3912 Shackleford, Florissant, 837-4596; U — strawberries in May, green beans, cherries in June and July, blackberries, tomatoes

and peaches July to October, apples and mums in September and October; M — same as U-pick, plus asparagus, beets, cabbage, cucumbers, eggplant, onions, peppers, potatoes, pumpkins, squash, sweet potatoes, watermelon; April through October.

**Kirkwood Farmers' Market (M,O):** East Argonne east of Kirkwood Road (Lindbergh), Kirkwood, 822-0084; home-grown fruits and vegetables, some organic, herbs, flowers, plants, horticultural supplies; April 15 to October 2.

**Koenig's Farm Fresh Produce (M,U):** 3877 Natural Bridge Road, St. Louis (north), 928-4372; U — strawberries at farm, 268 Jungerman Road, St. Peters; M — apples, peaches, red raspberries, strawberries, beans, broccoli, cabbage, melons, cauliflower, cucumbers, eggplant, greens, lettuce, okra, dry onions, peppers, potatoes, pumpkins, squash, corn, sweet potatoes, tomatoes, turnips; May through December.

**Ned and Marie's Produce (M):** 12227 Bellefontaine Road, Spanish Lake, 741-6315; peaches, tomatoes, watermelon, cantaloupe, other homegrown fruits, vegetables, bedding plants, flowers, straw; Christmas trees; April through December.

**Prouhet Vegetable Farm (M,U):** Prouhet Farm Road north of St. Charles Rock Road, Bridgeton, 728-4978; U — blackberries, May 15, corn June 15 to Labor Day, pumpkins in October; M — same as U, plus apples, nectarines, peaches, plums, peapods, blackberries, beans, beets, broccoli, cabbage, melons, cauliflower, cucumbers, eggplant, garlic, greens, horseradish, okra, onions, peppers, popcorn, corn, sweet potatoes, spinach, turnips, peas, tomatoes, mums; May 15 to Thanksgiving.

**Rombach Farms (M,U):** 1383 Olive Street Road, Chesterfield, 532-7265 or 391-0098; U — pumpkins in October; M — apples, apricots, cherries, nectarines, peaches, pears, plums, pecans, walnuts, blueberries, grapes, raspberries, asparagus, green beans, beets, cabbage, melons, carrots, cauliflower, cucumber, eggplant, garlic, horseradish, lettuce, okra, green onions, peppers, popcorn, potatoes, pumpkins, radishes, squash, corn, sweet potatoes, tomatoes, turnips, plants; April 15 to Oct. 31.

**Schroeder's Roadside Stand (M):** 4678 Meramec Bottom Road (south), 892-1433; beans, beets, cabbage, melons, cucumbers, greens, okra, green onions, peppers, pumpkins, radishes, spinach, squash, sweet potatoes, tomatoes, turnips; June to Oct. 31.

**Stucke's Farm and Greenhouses (M,U):** 4215 N. Hanley Road (north), 428-9878; U — strawberries in late May; M — plants, strawberries, raspberries, blackberries, tomatoes,

peaches, peppers, cucumbers, squash, potatoes, cabbage, greens, corn, eggplant, herbs, pumpkins, Christmas trees; April through December.

**Second location (M):** Creve Coeur Mill Road, Maryland Heights, 469-7559; plants, fruits, vegetables; April through October.

**WASHINGTON COUNTY**  
**Washington County Farmers' Market (M):** 102 N. Missouri St., Potosi, 438-2871 (work) or 438-3368 (home); fresh fruits and vegetables; July through September.

### ILLINOIS

**BOND COUNTY**  
**Doll's Orchard (M):** 573 Doll's Orchard Road, Pocahton, 683-2414; apples; Labor Day to Christmas.

**CALHOUN COUNTY**  
**Thornhill Orchard (M):** Deer Plain Road, Brussels, 883-2423; peaches, apples, watermelon, pumpkins; Aug. 1 to Nov. 1.

**Hall's Family Orchard (M):** Brussels Ferry Road, Brussels, 883-2443; apples, peaches; mid-July to Nov. 1.

**Jacobs Orchard (M):** Route 1, Box 1284, Golden Eagle, 883-2438; peaches; second week of June to end of August.

**Kamp's Orchard (M):** Route 1, Box 114, Golden Eagle, 883-2410; peaches, nectarines; July to September.

**Odele's Roadside Market (M):** Brussels Ferry Road, Brussels, 883-2265; peaches, apples, pumpkins, gourds; May 1 to Thanksgiving.

**Ringhans Orchards (M,U):** Route 16 and 100, 576-2811; U — blackberries, vegetables; M — peaches, apples, peaches, potatoes, spinach, turnips, peas, tomatoes; July 1 to Thanksgiving.

**Weigel Orchard (M):** Route 1, Box 72, Golden Eagle, 883-2347; peaches, nectarines, corn, tomatoes, melons; July 15 to Sept. 1.

**CLINTON COUNTY**  
**Tapburn's Orchard (M):** Bartles Road, Beckemeyer; apples; Labor Day weekend to third week of October.

**JERSEY COUNTY**  
**Eckert's Farm (M,U):** Route 1, Box 87A, Grafton, 786-3445, updates at [www.eckert.com](http://www.eckert.com); apples, pumpkins, Christmas trees; Sept. 1 to Oct. 31.

**Jersey County Farmers' Market (M):** Jerseyville, 498-6697; July 24 to Sept. 11.

**Joe Ringhans Orchard & Apple House (M,U):** Route 267, Jerseyville, 498-6651; U — peaches, apples, plums, blackberries; M — same fruits, plus pears and vegetables; July 5 to end of year.

**Joe Ringhans Orchard & Apple House (M,U):** Route 16, Fieldon, 378-6772; U — peaches, apples, plums, blackberries; M — same fruits, plus pears, pumpkins, vegetables; July 5 to end of year.

**MADISON COUNTY**  
**Alton Farmers' Market (M):** Alton Market Place, 463-1016; June 26 to Oct. 2.

**Berry Patch (U):** 351 Spangle, Livingston, 637-2888; strawberries; May 10 to June 1.

**Biver Farms (M,O):** 7307 Pin Oak Road, Edwardsville, 656-9082; potatoes, tomatoes, peppers, zucchini, lettuce, strawberries, raspberries, greens; May 15 to Oct. 15.

**Cook's Strawberry Patch (U):** 8435 Lebanon Road, Troy, 667-6155; strawberries; end of May to mid-June.

**Demange Farm (U):** 10349 W. Astor Road, St. Jacob, 644-9218; strawberries; May 20 to June 20.

**W.J. Donahue (U):** 3540 Fairmont, Collinsville; strawberries.

**Fournie Farms (M):** 925 McDonough Lake Road, Collinsville; corn, tomatoes, eggplant, okra, watermelon, other garden vegetables and fruit; June 1 to Nov. 1.

**Grandpa's Berry Farm (M,U):** 2031 Sand Road, Edwardsville, 692-4519; U — strawberries, blackberries; M — same fruit plus peaches, local vegetables; early May to end of August.

**Hanfeler's Farm Market (M,U):** Horseshoe Lake Road and Illinois Route 111, Granite City, 913-4512; U — strawberries, peppers, tomatoes; M — peaches, apples, corn, tomatoes, melons, blackberries, pumpkins; May to Nov. 1.

**Keller Sweet Corn Stands (M):** Route 157, Hillside Drive, Collinsville, 344-6062, and Route 50, O'Fallon, 344-6062; corn, tomatoes; late June to end of September.

**Koenig's Blooms & Buds (M):** 8833 Pin Oak Road, Edwardsville, 656-4377; tomatoes, peppers, potatoes, blackberries; June 1 to Oct. 31.

**Krueger's Orchard (M):** 2914 Airport Road, Godfrey, 466-3576; apples, peaches, cherries, local produce; July 5 to Jan. 1.

**Land O'Goshen Community Market (M):** Edwardsville, 887-9228; May 15 to end of October.

**Leech's Farm (M):** 4282 Hedge Road, Roxana, 254-4244; pumpkins, squash, fall produce; mid-September to Nov. 1.

**Mills Apple Farm (M,U):** 11477 Pocahton Road, Marine, 387-4732; U — peaches, apples, Christmas trees; M — peaches, apples; mid-July to Christmas.

**Nord's Produce (M):** 3554 S. State Route 157, Glen Carbon, 288-9056; strawberries, asparagus, melons, corn, tomatoes, seasonal produce; April 15 to Oct. 31.

**O'Fallon Station Market (M):** Main Street Market, 624-4503; July 10 to Oct. 31.

**Paul's Patch (M):** 5035 Terry Drive, Alton, 466-8127; seasonal fruits and vegetables; July 5 to Nov. 1.

**Reinhardt's Berry Patch (M,U):** 7503 Kerin Road, Alhambra, 633-2888; U and M — strawberries, blackberries, blueberries, raspberries; May 17 to Oct. 15 (by appointment).

**Schroeder's Vegetable Farm (M):** Seiler Road, Godfrey, 466-4331; corn, tomatoes, peppers, cucumbers, green beans; July through August.

**Strackelmann Farms (M,U):** Highway 40, St. Jacob, 844-2962; U — strawberries; M — asparagus, strawberries, blackberries, raspberries, tomatoes, seasonal vegetables;

mid-April to Nov. 1.  
**Straw Man (M):** 547 Longh Road, Collinsville, 338-5697 or 667-9942; straw, Indian cabbages, corn stalks, squirrel/bird corn; Sept. 1 to Nov. 30 (by appointment).

**Stump Peacher Orchard (M,U):** 6216 Geiger Road, Alhambra, 468-7433; U and M — peaches; Aug. 1 to Labor Day.

**Summerfield Farms (M):** 1704 W. Delmar, Godfrey, 466-2678; seasonal fruits and vegetables; April 15 to Christmas.

**MONROE COUNTY**  
**C&C Meyer Market (M):** 281-7508 or 281-6150; April 22 to Nov. 4.

**Waterloo Market (M):** 281-7508 or 281-6150; April 24 to Nov. 6.

**Schmeyer's Plants & Produce (M,U):** 5204 Bluff Road, Waterloo, 935-2501; U — strawberries, pumpkins; M — tomatoes, corn, beans, melons, pumpkins; mid-summer to Nov. 1.

**RANDOLPH COUNTY**  
**Wendy's Farm (M,U):** 4370 Hockaday Road, Steelville, 965-3800; U — strawberries, blackberries, pumpkins; M — same, plus raspberries and garden vegetables; April 26 to Halloween.

**Guten Tag Orchard (M,U):** 3946 State Route 83, Chester, 828-3300; U — strawberries, M — apples, nectarines, corn, apples, pumpkins; May 3 to Dec. 24.

**ST. CLAIR COUNTY**  
**Braunigand Orchards (M,U):** 2765 Turkey Hill Lane, Belleville, 233-4059; U — blackberries, peaches, apples, pumpkins, tomatoes, eggplant, peppers; M — muskmelon, watermelon, tomatoes, peppers, eggplant, pumpkins, apples; mid-July to Oct. 31.

**Eckert Farms (M):** 1423 Old State route 13, New Athens, 475-3884; tomatoes, melons, squash, peppers, other seasonal vegetables; mid-June to end of October.

**Eckert's Country Store & Farms (M,U):** 901 S. Greenmount Road, Belleville, 233-0513, updates [www.eckert.com](http://www.eckert.com); U — strawberries, blackberries, peaches, apples, pumpkins, Christmas trees; M — seasonal fruit and vegetables; February to December.

**Eckert's Farm (U):** 2719 Eckert Orchard Lane, Millstadt, 478-3280, updates [www.eckert.com](http://www.eckert.com); apples, pumpkins, Christmas trees.

**Green Acres Farm (U):** 6200 Rock Springs Road, East St. Louis, 397-8237; mustard, turnip, tendergreen, collard greens, kale, spinach, green, roma, white lima, speckled butter beans, crowder peas; end of August to Nov. 15.

**Lehr's Vegetable Farm (M):** 408 N. Jefferson, Millstadt, 478-1874; seasonal vegetables and plants, hardy mums; open April 1.

**Schleuter's Orchard (M,U):** 601 Obstweg, Belleville, 277-4884; U — blueberries, blackberries, peaches, apples; M — peaches, apples; June through October.

**Shirwin Farms (M):** 2411 State Road #13, Lensberg, 475-2900; seasonal vegetables; June through October.

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# Today's Food

## Bananas, chips 'n' cherries sweeten inviting muffins

Kim Greenwood, St. Louis, is the winner of this week's recipe contest for Banana Split Muffins. The prize is dinner certificates from the Pasta House Co.

This a traditionally sweet muffin, with a smooth banana

batter. It uses salad dressing instead of oil for fat. She calls it "dessert for breakfast."

Before baking, sprinkle the muffin tops with an assortment of favorite banana split ingredients — chocolate chips, chopped nuts and maraschino cherries. Greenwood

switched from regular to the mini size chips and bakes the cherries onto the muffin tops, instead of adding them after baking.

Recipes in the Potluck Dessert Recipe Contest should be postmarked by May 31 for an opportunity to win one of five Wednesdays in June. Any type of dessert that travels well is welcome.

A single household can submit a single recipe. Send it to: Potluck Dessert Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. It also can be e-mailed to westnews@primary.net.

### BANANA SPLIT MUFFINS

- 1 1/2 cups flour
- 1 cup sugar
- 1 tsp. baking soda
- Pinch of salt
- 1 egg
- 1/2 cup mayonnaise-type salad dressing (Miracle Whip)
- 3 ripe bananas, mashed
- Chocolate mini chips
- Chopped nuts
- Maraschino cherries, halved

Preheat oven to 375°. Coat muffin pans with nonstick cooking spray or line with paper liners.

In bowl, mix together flour, sugar, baking soda and salt.

In separate bowl, beat egg. Stir in salad dressing. Add to flour mixture, stirring until just moistened. Gently blend in banana.

Spoon batter into prepared pans, filling almost full. Sprinkle with chocolate chips, nuts and cherry pieces.

Bake in preheated oven about 20 minutes until just lightly browned.

## Celebrate with offspring at party for graduation

By Sandra Hounson  
Correspondent

Some high school seniors don't want to celebrate their graduation at home because the guest list seems too full of relatives. With the help of delicious foods, they won't want to miss the party. In fact, they will want to invite their own friends.

This celebration requires a little advanced planning, which the celebrant, well-versed in the use of a microwave oven, can do, too. After all, there is a world of snacks beyond popcorn to make in the handy appliance.

Baked potato skins, easy to prepare in a microwave oven, can be precooked a day before the party.

Small red potatoes, each cut in half, make one or two bite-size appetizers. Wash potatoes and pierce them with a fork. Place on a paper towel in the microwave.

Microwave 2 pounds of red potatoes on high power 6 to 12 minutes until tender. Let them stand 5 minutes. When they are cool to the touch, cut them in half. Scoop out the potato flesh and set it aside.

Fill the shells with bacon bits and shredded cheese and top with chives. At this point, the filled shells can be refrigerated.

When ready to serve, place the filled shells on a

microwave-safe serving plate and cook on high power 2 to 3 minutes until the cheese is melted. Top each with a dollop of sour cream, if desired.

The scooped-out potato can be whipped with a small amount of milk and 1 to 2 tablespoons butter or margarine for mashed potatoes, which also can be reheated in a microwave oven.

While everyone gathers for the party, set out small bowls of spiced nuts to serve with beverages. These spiced nuts also can be prepared several days before the party. There is one warning that goes with them: Store them in a secret place or the family will gobble them up before the big event.

Melt 1/4 cup (1/2 stick) butter or margarine in a 3-quart casserole on high power 30 to 45 seconds. Stir in 2 tablespoons Worcestershire sauce, 1/2 to 1 teaspoon garlic salt and a pinch of cayenne pepper. Add two (12 ounces each) cans of mixed nuts. Stir to thoroughly coat them with the butter mixture.

Microwave on high power 7 to 9 minutes, stirring twice. Spread the nuts on several layers of paper towels to display in an airtight container.

Shrimp is always my favorite when dining out or entertaining. This appetizer is easy because it is marinated overnight before

quick cooking.  
Home economist Sandra Hounson specializes in microwave cooking.

### SHRIMP WRAP-UPS

- 8 slices bacon
- 8 large shrimp, peeled, deveined, cut in half
- 1 large green bell pepper, cut in 16 pieces
- 2 tbsp. soy sauce
- 2 tbsp. white wine
- 2 tbsp. chili sauce
- 2 tbsp. grape jelly

Cover microwave-safe plate with several layers of paper towels. Place 4 slices bacon on towels; cover with another towel. Place remaining bacon on top and cover with another towel to minimize splattering. Microwave on high power 3 to 4 minutes until slightly brown, but not completely cooked.

Cut bacon slices in half crosswise. Wrap 1 shrimp and 1 piece pepper in each piece of bacon. Secure with toothpick. Place in glass baking dish.

In 2-cup measuring glass or bowl, combine soy sauce, wine, chili sauce and grape jelly. Heat on medium (50 percent) power 30 seconds. Stir to blend.

Pour the soy mixture over the kabobs. Refrigerate, covered, overnight, stirring occasionally.

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## Craftsman back in style

First popular during the early decades of the 20th century, Craftsman-style furniture is distinctive for honest, forthright construction and emphasis on function.

Now in the century's final decade Craftsman furniture is enjoying renewed popularity. Today Craftsman pieces are featured in a variety of catalogs, magazines, books and furniture stores.

Do-it-yourselfers can enjoy this handsome "new" style for a fraction of the cost of original and

reproduction pieces. Made of oak or the number of choice, this bookcase project features tempered glass doors and adjustable shelves to display and protect fine books, collectibles or almost anything else. Its clean lines and handsome finish complement almost any decor.

The project utilizes straightforward construction techniques just like the originals, making it a natural for woodworkers of all skill levels. Most cuts are straight and the one

curved cut for the base is traced from a full-size pattern.

The completed bookcase measures 60 inches tall by 36 inches wide by 12 inches deep.

To order by mail, this article with a check or money order to U-Bild Features, c/o Suburban Journals of Greater St. Louis, P.O. Box 2393, Van Nuys, Calif. 91406. To order by credit card, call toll-free 1-800-828-2453. U-Bild's web site is www.ubild.com.

### Bags are key to multiple meals

A bag of frozen meal starter, plus an easy addition like chicken, ham, ground beef or shrimp, and a little time on or in the stove add up to meals of many facets. Flavors abound in mild ethnic styles, as well as primarily American taste buds.

#### TEST RUN

Many varieties of the product are available, with supermarket stock differing between chains. Two products to use with chicken and one with ground beef were chosen. Each cost less than \$3 at Shop 'n Save.

Those tested were Green Giant Create a Meal! for ground beef in the beefy noodle flavor, another Green Giant Create a Meal! for chicken — parmesan herb flavor — to be roasted in the oven, plus Flav-R-Pac Just Add variety for chicken with rice.

Each had vegetables, sauce, seasonings, and a pasta, potato or rice. They were tried by different families in their home kitchens.

Every product gathered applause from tasters. That includes the family that tried the Green Giant oven-roasted meal with potatoes, carrots, broccoli and cauliflower.

"We tried it according to package directions and it turned out great, very tasty."

## Depression can be treated.

The first step in treating depression is identifying depression.

That's why the professionals at Memorial Hospital are offering a free, confidential depression screening.

DATE, TIME, PLACE  
Thursday, May 20, 1999

2 to 4 p.m. and 5 to 7 p.m.

Lectures will be given at 2:30 and 5:30 p.m.

Memorial's Mental Health and Counseling Services, located northeast of the hospital's main entrance.

You should consider attending if you or someone you care about is experiencing:

- Changes in appetite
- Changes in sleep
- Trouble concentrating
- Loss of self-esteem
- Loss of pleasure in usual activities
- Hopelessness
- Suicidal thoughts/ attempts
- Fatigue, lack of energy

#### INFORMATION

For information about this program, call Memorial's Mental Health Information Line at 233-6700 from May 20 to May 20. In consideration of your privacy, you will not be asked for your name.



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## MEAT & PRODUCE

## GROCERY • DAIRY • FROZEN

<p>1.5 lb. Arg. Whole Center Cut Boneless Pork Loin</p> <p><b>1.98</b> lb.</p>	<p>12 oz. pkg. Decker Franks</p> <p><b>2/\$1</b></p>	<p>California Red Ripe Strawberries</p> <p><b>1.98</b> quart</p>	<p>18 oz. Assorted Varieties Maull's Barbecue Sauce</p> <p><b>89¢</b></p>	<p>3 lb. Tub Blue Bonnet Spread</p> <p><b>1.69</b></p>	<p>24 Pack 12 oz. Cans Assorted Varieties Pepsi-Cola</p> <p><b>4.88</b></p>
<p>Family Pack Chicken Wings</p> <p><b>78¢</b> lb.</p>	<p>12-18 oz. pkg. Assorted Varieties Seltz Lunchmeats</p> <p><b>1.28</b></p>	<p>Red Ripe Sliced Halves Watermelon</p> <p><b>28¢</b> lb.</p>	<p>12 inch Assorted Varieties Red Baron Pizza</p> <p><b>2/6.50</b></p>	<p>Gallon 2% Reduced Fat Farmstead Milk</p> <p><b>2.19</b></p>	<p>12 oz. 24 oz. 336 Pepsi, Lipton Drink Tea</p> <p><b>2/\$5</b></p>
<p>Trim n Tender Family Pack Boneless Chuck Steaks or Roast</p> <p><b>1.48</b> lb.</p>	<p>16 oz. pkg. Oscar Mayer Bacon</p> <p><b>2.48</b></p>	<p>Icy Fresh California Broccoli</p> <p><b>68¢</b> lb.</p>	<p>14.25 to 15 oz. Regular or Frosted General Mills Cheerios</p> <p><b>2/4.50</b></p>	<p>1/2 gallon Yogurt, Sugar Free, Edy's Grand Ice Cream</p> <p><b>2/5.95</b></p>	<p>2 liter Assorted Varieties Coca-Cola</p> <p><b>77¢</b></p>
<p>Family Pack Center Cut Boneless Pork Chops</p> <p><b>2.68</b> lb.</p>	<p>2.5 lb. Regular, Polish or Hot Links Ohse Smoked Sausage</p> <p><b>2.78</b></p>	<p>All Purpose Russet or Red Potatoes</p> <p><b>1.98</b> 20 lb. bag</p>	<p>1 Roll Best Choice Premium Towels</p> <p><b>69¢</b></p>	<p>12 oz. Frozen Assorted Varieties Minute Maid Orange Juice</p> <p><b>1.09</b></p>	<p>13.25 oz. Assorted Varieties Ruffles Potato Chips</p> <p><b>1.99</b></p>

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# Today's Food

**HOT TEA LEMONADE**  
In saucepan, bring ¾ cup cold water and ¾ cup sugar to boil. Immediately reduce heat. Simmer 10 minutes to

make syrup.  
Pour 2 quarts boiling water over 3 tablespoons loose tea or 9 tea bags. Let stand 3 to 5 minutes to brew. Strain into heat-resistant punch bowl.

Add syrup, 12 whole cloves and ½ cup lemon juice.  
To serve, place a lemon slice speared with whole clove in each cup. Fill with tea.

## Asparagus spearheads spring

By Sherri Hoyt  
Correspondent

April showers have given way to May flowers. Tulips and dogwood bloom outside the window. Baseball season is in full swing. Drivers cruise with car windows down for the first time in months. Spring fever has reached an epidemic. Fresh asparagus feeds the frenzy.

### HEART-Y BITES

In season until June, asparagus is at its best when the spears are colored apple-green and topped with a crown of purple tips.

White and all-purple varieties are available, too. To produce its ivory complexion, white asparagus is grown under a layer of soil. The soil prevents sunlight from fueling photosynthesis, a process which triggers green plants to turn their familiar color.

An asparagus plant lives up to 10 years. Slender, pencil-like spears are harvested from younger plants. As plants age, they produce thicker, denser spears.

Choose asparagus with bright colors and closed tips. At home, store asparagus bouquet-style — standing, cut-ends down in about an inch of water in a refrigerator. Loosely cover

the tips with a plastic bag. Asparagus keeps up to three days.

Remove tough, woody ends by grasping individual stalks at each end and bending the asparagus until the stalk snaps in two — the woody stem and the tender stalk and tip. Woody stalks also can be whittled away with a paring knife or vegetable peeler.

Six to eight spears of asparagus — fresh, frozen or canned — provides one of the recommended 5-a-Day servings of fruits and vegetables. Among other nutrients, asparagus adds folate, a B-vitamin, to the diet. A low intake of folate may lead to elevated blood levels of homocysteine, a likely risk factor for heart disease.

A favorite recipe for "creamy" asparagus soup is from the American Heart Association 1997 Day-by-Day Calendar. Its creamy texture results from pureed rice.

Don't stop with soup. Asparagus can be enjoyed a myriad of ways. Try these ideas for starters:

- Roasted asparagus: Roasting concentrates its magnificent flavor. Toss asparagus pieces with mushrooms, balsamic vinegar, olive oil and rosemary before roasting.

- Grilled asparagus: Grill whole stalks along with wedges of yellow squash

and thinly sliced sweet potato to complete a veggie sandwich.

Registered dietitian Sherri Hoyt is a member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

### CREAMY ASPARAGUS SOUP

1½ tbs. margarine  
½ cup chopped onion  
½ cup chopped celery  
4 cups low-sodium chicken broth  
1 pkg. (10 oz.) frozen no-salt-added asparagus spears, thawed  
¼ cup uncooked rice  
Pinch white pepper  
Pinch nutmeg

In large saucepan over medium-high heat, melt margarine. Sauté onion and celery until onion is translucent. Add chicken broth. Bring to boil.

Trim off asparagus tips and set aside.

Cut stalks in 1-inch lengths. Add to broth. Stir in rice. Reduce heat. Simmer, covered, 15 minutes or until rice is soft.

In food processor, process mixture until completely smooth. Return mixture to pan. Add asparagus tips, pepper and nutmeg. Reheat.

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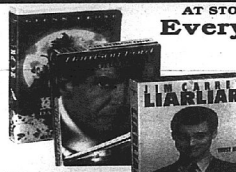


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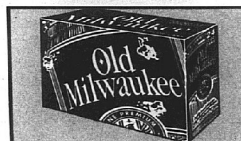
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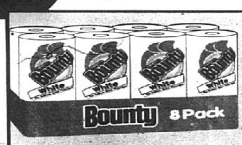
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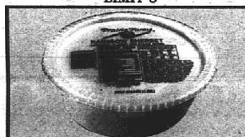
BUNDLE PACK  
Bounty  
Paper Towels

**587**  
8-ROLL  
PKG.



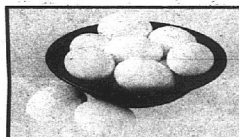
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SELECTED VARIETIES  
Hershey  
Bag Candy..... **2/488**  
ON Pkg.

SELECTED VARIETIES  
Hershey  
Bag Candy..... **2/488**  
ON Pkg.

ASSORTED VARIETIES  
Breyer's  
Ice Cream..... **2/588**  
ON Pkg.

BUTTER DOUBLE FUDGE  
OR PEANUT BUTTER  
Keebler E.L.  
Fudge Cookie..... **2/398**  
ON Pkg.

ASSORTED VARIETIES  
Puffs  
Facial Tissue..... **3/\$4**  
ON Pkg.

ASSORTED VARIETIES  
Ultra Liquid  
Downy  
Fabric Softener..... **3/997**  
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ASSORTED VARIETIES  
Bounce Fabric  
Softener Sheets..... **3/997**  
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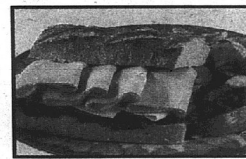
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Jennie-O  
Turkey Breast**

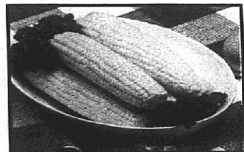
**2.99**  
lb.

**DELI DEPARTMENT  
Patrick Cudahy  
Honey Ham..... 3.99**  
lb.

**DELI DEPARTMENT  
REGULAR OR REDUCED FAT  
WISCONSIN  
Lorraine  
Swiss Cheese..... 3.99**  
lb.

**DELI DEPARTMENT  
MESQUITE  
Emmber's  
Roast Beef..... 4.99**  
lb.

**BAKERY DEPARTMENT  
DINNER OR PLAIN  
Dinner  
Rolls..... 99¢**  
PKG.



**Florida Sweet  
Yellow Corn**

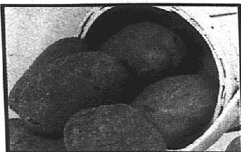
**1.78**  
5-PACK

**NEW ZEALAND  
Gala  
Apples..... 98¢**  
lb.

**NORTHWEST  
Anjou  
Pears..... 78¢**  
lb.

**WASHINGTON STATE  
Red or Golden  
Delicious Apples 78¢**  
lb.

**PEELED  
Shortcuts  
Baby Carrots..... 1.78**  
2-LB. BAG



**U.S. NO. 1  
Russet  
Potatoes**

**2.98**  
20-LB. BAG

**Try These Exotic Varieties!  
NOT AVAILABLE AT ALL STORES**

**FRESH  
Sno Peas ..... 2.48**  
lb.

**Portabella Caps .. 2/\$5**  
PKG.

**FRESH  
Radicchio ..... 2.48**  
lb.

**FRESH  
Napa or Bok Choy 98¢**  
lb.

**FRESH  
Cilantro ..... 98¢**  
lb.



**24-COUNT  
Jumbo Iceberg  
Lettuce**

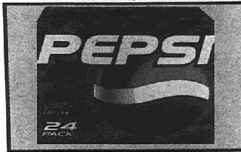
**58¢**  
HEAD

**Mann's Vegetable  
Medley..... 1.98**  
1-LB. PKG.

**FLORAL OR VEGETABLE  
Bedding  
Plants..... 7.99**  
8 1/2" DIA.

**Dole Greener  
Selection ..... 2/\$3**  
1-LB. PKG.

**VITA HUMA  
Top Soil or  
Organic Peat... 99¢**  
2-LB. BAG



**24-CAN CUBE  
Pepsi, Diet Pepsi  
or Mountain Dew**

**4.98**  
12/12-OZ. CANS  
PEPSI 6/24-OZ. BTLs. 2/\$5  
CREAM SODA, DIET ROOTBEER OR  
A&W  
Rootbeer..... 69¢  
2-LTR. BTL.

**Prairie Farms  
Chocolate Milk..... 2/\$5**  
1-LB. PKG.

**LITE  
Shop 'n Save  
Fruit Cocktail 2/99**  
1-LB. PKG.

**HONEY OR CINNAMON  
Shop 'n Save  
Graham Crackers 99¢**  
1-LB. PKG.



**12-PACK. SPRITE  
Coca-Cola Classic  
or Diet Coke**

**77¢**  
2-LTR. BTLs.  
HEALTHY REQUEST V-8 OR  
Campbell's V-8 2/2.97  
Vegetable Juice

**8-OZ. LEVER 2000 BATH BAR OR  
SENSITIVE SKIN OR  
Dove White 4.99**  
4-OZ. PKG.

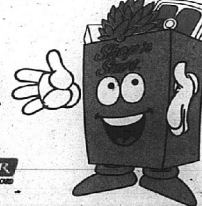
**Shop 'n Save  
Sour Cream..... 88¢**  
1-LB. PKG.

**Prairie Farms  
Orange Juice..... 2/\$5**  
6 1/2-OZ. BTL.

**Shop 'n Save**

The more you shop the more you save.

**TOTAL  
VALUE**



S M T W T F S

\* PRICES GUARANTEED THRU MAY 15, 1999  
AT ALL ST. LOUIS METRO STORES ONLY  
• WE RESERVE THE RIGHT TO LIMIT  
• NO SALES TO DEALERS



FOR STORE LOCATIONS CALL (314) 984-0900

05123A















**320 HELP WANTED**  
Apprentice Trainers

**NEEDED TO FULL TIME WORKERS**  
IMMEDIATE OPENINGS  
\$450+ avg. per week  
Work with local company. No experience necessary, we will train. Call Mon-Thurs.  
624-3842

**AUTOMOTIVE TECHNICIAN**  
Lou Futs Pontiac Buick GMC is looking for Journeyman Technicians with GM EXP. ENCE. Must have MD inspection permit and ASE certification. Excellent Benefits. Please respond to  
Tom Treiber, 314-955-2700

Buying or Selling?  
Try the Classified!

**320 HELP WANTED**  
Automotive

**Looking For A Change?**  
Jiffy Lube is looking for solid, dependable people. Apply at the location nearest you.  
• 2130 Zumbuhl Rd. 646-9737  
• 1194 Duport St. 291-7755  
• 11345 New Mills Ferry 637-0313  
• 11719 Baptist Church Rd. 940-5661  
• 11731 St. Charles Rock Rd. 770-0033  
• 501 N. Laclede Station Rd. 963-7153  
• 13490 Olive St. 275-4949  
• 1915 W. Main St. 861-2225

**AUTOMOTIVE**  
Kirkwood automobile dealer-ship in need of experienced office help. Released through here. Salary and hours negotiable. Call Pat at  
314-965-7711

**A WAY INTO**  
CHANGING YOUR PROFESSION FOR SALESMAN? Our Global Company is seeking individuals who are self-motivated, intelligent and love working with people. You must be 21+ years old, have a high school diploma, and be a U.S. citizen. We offer a competitive salary, benefits, and a chance to grow with us. Call for more information.  
1462-1391 or 1-800-233-4994

**320 HELP WANTED**  
BASEBALL

**Are you bored?**  
Are you looking for a change?  
Need extra income?  
Live in the St. Louis area. Madison, Granite City, Collinsville, Edwardsville, Belleville, East St. Louis area. Must have a High School Diploma or GED. A car with insurance and a willing attitude. You can work full-time or part-time for the oldest senior Citizen organization in the area. Earn money and feel good about your work. We pay above minimum wage. No experience necessary. We provide free training. Interview. Call Pat at  
1462-1391 or 1-800-233-4994

**320 HELP WANTED**  
Career Cleaning Technicians

**Don't CONFUSE THIS Opportunity With Others!**  
Stanley Steamer  
We have employees - not subcontractors - you don't own your vehicle - you don't have the equipment - you don't buy your supplies - you don't find your own customers - you don't get stuck paying your own taxes at the end of the year. This is your opportunity to work for the industry leader. We offer 20% training, medical and dental, safety and other incentive bonuses. All of our Crew Chiefs have been promoted from within. Applicants must have a good driving record & professional appearance. Call 314-770-9999, ask for Bob or Lawrence.

**320 HELP WANTED**  
Childcare

**Management Opportunities**  
KinderCare is now seeking professional managers to quality manage training positions in the St. Louis area. You must have:  
• 1 year experience in a managerial position  
• 1 year experience in a training position  
• A team oriented professional quality care to children  
Call the KinderCare Personnel Office at 314-543-0133 or fax resume to 314-625-2767

**Clerical Support**  
Looking for a part time position with flexible daytime hours? Granite City, IL. Non-Profits agency is offering a part time position at \$15.50 per hour (20.24 hrs/wk). If you have the following skill: Microsoft Word, Excel and Access, good phone skills and an enthusiasm for work that makes a difference in people's lives...we need a team member. Duties include: clerical support and coordination of volunteer activities. Prior retail experience is a must. Send resume with cover letter to: Support P.O. 14507, St. Louis, MO 63178. EOE

**320 HELP WANTED**  
CUSTODIAL MANAGEMENT

An established growth oriented service company is seeking applicants for custodial positions in the St. Louis area. Clean Tech Co. is looking for mature individuals with first-line supervisory experience. Ideal position for retired military. Salary, benefits, including 401K plan. Send resume to:  
HR DIRECTOR  
2815 Olive Street  
St. Louis, MO 63103  
or call Mr. Fulton  
(314)852-2388

**320 HELP WANTED**  
DRIVER

Class A CDL, 500 mile radius of St. Louis. Home every weekend and once during the week. Call  
314-577-0705 or fax 314-577-0413

**DRIVERS**  
DELIVERY DRIVERS wanted for the St. Louis area. No phone calls, please.  
• 1st Shift: 6:00 AM - 2:00 PM  
• 2nd Shift: 2:00 PM - 10:00 PM  
• 3rd Shift: 10:00 PM - 6:00 AM  
• 4th Shift: 6:00 AM - 2:00 PM  
• 5th Shift: 2:00 PM - 10:00 PM  
• 6th Shift: 10:00 PM - 6:00 AM  
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# Don't be tempted to waste water on your yard

When spring arrives, it's time to get your yard in shape. Everyone wants a lush green lawn, but beware of the hidden expense of water waste. If you follow a few simple steps for water conservation inside and outside your home, you'll end up with that great-looking yard without the big expense when the water bills come.

**Money down the drain**  
Every year, the average American family wastes around 32,000 gallons of water. That's the volume of a medium-sized swimming pool. Most of that waste occurs in the bathroom, sometimes because we leave the water running without thinking (do we really need to let it run the whole time while we're brushing our teeth?). Other times, the water and money is draining away without us even knowing it.

The chief culprits are:

- running toilets
- inefficient fixtures
- leaking plumbing
- excessive lawn-watering

**Hosin' Around the Yard** It takes 660 gallons to water a typical 1,000 square-foot lawn with 1 inch of water, the same amount of water you use inside your house in a week. It's easy to cut this in half and save money by remembering these basics:

- Use the right equipment. While most sprinklers do a pretty good job, there is a difference in hose nozzles. When you're washing the car or spraying your garden, a pistol-type nozzle is best because you can adjust the flow rate or stop it completely to answer the phone or chat with a neighbor.

- Set a schedule. Your lawn doesn't need dousing every day. Watering every other day is fine, especially if you do it in the early morning or

evening when the sun won't evaporate the water before it can soak in.

- Maximize water usage. If you have a smaller lawn and more plants, you should use irrigation hoses. These target smaller amounts of water right at the root level of your garden. Mulching around trees and shrubs also will maximize your water usage by reducing the amount of water lost through evaporation. Additionally, recycling rainwater from roof downspouts for watering your garden will help you cut back.

- Go with the flow. Indoors, you can start saving water immediately by tackling one of the biggest water-wasters first — your toilet.

- If your old one has had it, buy a new low-flow model. These use about 1.5 gallons per flush, as opposed to the standard version that sinks 4 gallons per use.

Otherwise, try these methods for conserving water and saving money in the bathroom:

- Install a toilet dam to reduce the holding capacity of your tank and use less water per flush. No need for a plumber or fancy contraption from the hardware store.

- Just use an old 1/2-gallon plastic soda bottle. Fill it with water and drop it in the tank, but be sure to leave at least 3 gallons of water, or you might be plunging until next spring.

- Leaks and drips from your toilet add up. A running toilet can waste up to 100 gallons a day, and jiggling the handle only is a short-term fix. Get the right replacement parts (usually just a new flange) and do the job in less than 10 minutes.

- Some leaks from the tank to the bowl are slower and quieter. Here's a tip on how to check for slow leaks: squeeze

a couple drops of food coloring into the tank, then wait. If color appears in the bowl, you're sitting on a problem.

- Just like it's a good idea to inspect your car's belts and hoses, you occasionally should check all the plumbing connections.

- If you don't have plumbing tools, large-jawed vise-grip locking pliers let you get around all the various-sized pipes and couplings, and will make freezing frozen or rusted bolts easier. Be sure to check basins, sinks and all pipe connections in the basement.

- A waste of energy. Hot water accounts for almost 20 percent of energy lost in the home, and about half of that is from shower use. Most showers run at around 5 gallons per minute, which is twice as much water (and energy) as you could be using.

- Check your flow rate by running the shower into a

measurable bucket for 30 seconds and doubling the measurement. Any good plumbing fixture store will carry 2.5-gallon shower heads to cut the flow and save you money.

Don't forget your faucets, either.

Installing faucet aerators effectively halves the volume of water but adds bubbles so that the flow appears the same. And, if you run the dishwasher or clothes washer without a full load, it's like pouring money and water down the drain.

Making plans and taking precautions to save water around the home and yard this spring may seem like a headache, but it won't hurt nearly so much as a big water bill at the end of summer.

## Making basement waterproofing can increase value

Waterproofing your basement is a smart and rewarding home-improvement project, as it creates new, usable space where you can set up a playroom, spare bedroom, hobby room or workshop.

It also is fairly simple and inexpensive, but you need to understand the steps and tools required to do the job right. This isn't the type of project you want to do repair work on down the road.

Bondex International, a leading manufacturer of waterproofing products, outlines the following basic steps that are involved:

- Direct water away from the outside of the house.

Before beginning work on the inside of your house, make sure all outside gutters and drains are free of leaves and

debris. Check for any leaks in downspouts and between gutter seams.

Be sure rainwater is not being trapped near the foundation, and that water easily flows away from the house.

Water pressure, sometimes referred to as hydrostatic pressure, is caused by water being trapped between the soil and outside wall, pushing against the foundation, and entering through the basement's foundation wall.

If necessary, fill in low spots around the foundation with gravel and soil, caulk around basement windows, extend downspouts, and replace broken splash blocks.

- Clean basement walls and plug holes or cracks to stop the flow of running water.

Use a cleaning solution and a wire brush to remove old dirt, dust and grease from the walls. Scrape away all loose mortar.

Repair holes and cracks with hydraulic cement. This product expands in the hole or crack for a tight seal and sets very quickly, within five minutes.

It can be used to stop the flow of running water even when water pressure exists behind the wall.

- Clean efflorescence off the walls.

After all cracks, holes and defects have been patched, inspect the walls for any white or grayish powder on the surface. This is known as efflorescence and is the residue from soluble salts being forced through the wall by water pressure.

It is very important to

remove efflorescence before applying a waterproofing paint, so that it doesn't interfere with adhesion of the paint. Use a concrete-based or solvent-based compound, following package directions carefully.

Twelve ounces of crystals dissolved in a gallon of warm water usually will remove the powder. Scrub the solution on the walls with a stiff bristle brush, and let dry completely before applying paint.

Eye protection and rubber gloves are recommended while applying the etching compound.

- Paint the walls with a protective paint. Paint clean, bare concrete walls with a waterproof coating, again, following package directions carefully.

Some waterproofing products

are powder concentrates that are mixed with water and scrubbed onto the surface.

Others are ready-mixed, water-based or solvent-based paints that are applied by brush or roller.

Bondex makes a ready-mixed, easy-to-apply, water-based Mildewproof Waterproof Cement Paint that not only creates a waterproof surface but also protects your basement from mildew growth.

The formula contains special agents that inhibit the growth of mildew on the surface of the paint film, and it penetrates to seal porous concrete from within for maximum protection against water seepage.

Two coats normally are required, and the paint can be applied by brush, roller or sprayer. The paint comes in a super-white formula that can

be tinted by your retailer to match your decor.

- Additional surface prep is required for previously painted walls.

If your walls already have been painted with an oil or latex paint, you will have to sandblast to remove all the paint and expose the bare masonry surface.

No waterproof coating will work on concrete walls that previously have been painted with oil-based or latex-based paints. Waterproof paints are cement-based coatings, and they will provide effective results only when applied to bare masonry.

If applied over existing paint, and if the paint beneath begins to peel, the waterproof paint will peel off with it.

## Attorneys give Belleville judge 'thumbs down'

By Mike Myers  
Staff writer

Associate Judge James M. Radcliffe III of Belleville has been given a "not recommended" rating in a poll of practicing attorneys conducted by the Illinois State Bar Association.

In answer to the question, "Considering the qualifications of the candidate, and without regard to whether there are those better fitted for office, do you believe this candidate meets acceptable requirements

for the office?" Radcliffe received a positive vote from only 10 to 16 percent of those responding. Only one associate judge received a lower percentage.

Radcliffe was the only associate judge in the 20th Circuit — St. Clair, Monroe, Perry, Randolph and Washington counties — not to receive a recommended rating. Only seven of the 145 associate judges in the state were not recommended.

Associate judges are subject to reappointment every four

years by vote of the circuit judges. A 60 percent vote is needed to retain an associate judge.

In the poll, all ISBA member attorneys who practice in a circuit are mailed ballots and asked to rate the associate judges by answering yes or no to seven questions about

specific judicial qualifications such as fairness and legal ability and then an overall question of whether the judge meets "acceptable requirements for the office."

Associate judges needed a 65 percent "yes" rating to be recommended. In the 20th Circuit, 556 ballots were mailed and 243 returned.

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